



# Meadows Urban 'O'

Sunday October 28<sup>th</sup> 2018  
PRELIMINARY DETAILS



## Beginners are welcome!

- Travel** The event will take place in the Meadows area of Nottingham, south of the City Centre and near to the River Trent. The Assembly area will be on the Victoria Embankment, at the cricket pavilion.  
Address: Victoria Embankment NG2 2FU.
- Parking** Limited parking for volunteers next to the pavilion.  
Free parking is available along Victoria Embankment on Sundays.  
Alternatively park at the Clifton Park and Ride (off the A453 from M1 junction 24) and get the tram to Meadows Embankment stop.
- Facilities** Enquiries, Registration, Download and Results will be situated in the Assembly Area at the cricket pavilion. Toilets and changing rooms will be available in the pavilion.
- Entry** This event is entry on the day only.
- Courses** Courses will be available for M/W Open, M/W Vet, M/W Super Vet, M/W Ultra Vet, M/W 16-. See final details nearer to the event date.
- Registration** Registration will be open from 10:00 and will close at 12:00.  
Fees: Seniors £7, Juniors/Students/beginners £3  
SI hire: £1, Extra maps: 50p  
Note that the SI boxes will not operate in contactless mode and must be punched by all competitors.
- Start Times** Start times: 10.30-12.30. The start is close to Assembly.
- Map** The map has been drawn to ISSOM2007 at 1:4000 with a 2m contour interval.  
All roads that could have heavy traffic have been mapped with a purple screen and are strictly OOB – competitors may run alongside these roads on the pavement where there is one and may only cross such roads at marked underpasses.  
There are areas of large scale redevelopment in some parts of the estate, which have been clearly shown as Out Of Bounds on the map.
- Finish** There is one Finish in the Assembly area. First Aid will be available at the finish.  
You must **report to the Finish by 14:00** even if you do not complete your course.
- Dogs** Dogs are welcome in the Assembly area but must be kept on leads at all times.

## **Safety**

Competitors take part at their own risk. Whistles should be carried. Shorts may be worn. In the event of rain, cagoules may be compulsory.

This is a public area, please respect members of the public, including walkers, dog-walkers, cyclists, children playing etc.

Nearest A & E: Queen's Medical Centre, Derby Road Nottingham, NG7 2UH Tel: 0115 9249924. Maps with directions available at enquiries

**All competitors must report to download even if they retire.**

## **Child Safety**

Competitors take part at their own risk. Under 17's must enter the junior course as British Orienteering rules specify no major road crossings for safety reasons. NOC recommend that young and inexperienced orienteers are shadowed (or accompanied) in this area.

The event organisers reserve the right to ask people to refrain from taking photos or video and may, if such warnings are ignored, refer the matter to the police. If anybody has concerns regarding the misuse of camera equipment they should report it to an event volunteer immediately.

## **Officials**

Organiser: Julie Webster (NOC) 07749 743473 e-mail [org20181028@noc-uk.org](mailto:org20181028@noc-uk.org)  
Planners: Andrew Ridgway (NOC)  
Controller: Jeff Baker (LOG)