

Thé Bag.

The Newsletter of Nottinghamshire Orienteering Club http://www.noc-uk.org Sept 2002.

The Annual General Meeting of Nottinghamshire Orienteering Club will take place on Monday 21st October 2002. It will be held at Rushcliffe Leisure Centre, Boundary Road, West Bridgford, Nottingham, NG2 7BY.

The meeting will commence at 7.30 p.m. prompt.

The Agenda and a copy of the minutes from the AGM 2001 will be available at the meeting or from the Secretary, on request, 7 days before the AGM. In addition, these will be posted on the NOC website by 14th October 2002.

Any nominations for committee positions, resolutions, amendments to the constitution or items requiring a vote, should be sent to the Secretary, Amanda Greenwood, 39 Shilling Way, Long Eaton, Nottingham, NG10 3QN by 7th October 2002.

Amanda

Like many club AGM's this is often poorly attended. However if you have strong feelings either way on the proposed introduction of a NOC membership fee then please do try to attend and make your presence count.

Keith

Chairman's Bit

The start of a new orienteering season and we've already had 2 events.

Thanks to all those NOC members who helped at the Peter Palmer Relays, in particular thank you to Ray Barnes who as event organiser put in a lot of work beforehand, and on the night went without sleep in order to ensure all went well. Also thanks to the many others involved; Jim Clarke for organising the accommodation, Michael Napier for Results processing, and all the other NOC members who gave their time and forfeited sleep, as well as members of the other EMOA Clubs who helped.

This was followed by our first open event of the season, a Come and Try it, at Colwick Woods on Sunday 15th where we had quite a few newcomers as well as regular orienteers. Just navigating to the event proved a challenge due to the clash with the Robin Hood Marathon, and I once again found Colwick Woods a suprisingly tricky area given its size! The cunningly planned score course added an extra twist.

Well done to our NOC Women's Relay team, who have achieved second place in the UK Women's Relay League 2002 (3 best scores to count out of the JK, British Champs, Scottish Champs and Harvester Relays). This was an outstanding achievement and congratulations to all team members from the 4events (Helen Palmer, Liz Day, Alison O'Neil, Nicola Olivant, Catherine Hughes and Sarah O'Neil).

The juniors are doing us proud this year with wins at both the Harvester and Peter Palmer Relays; well done to both the established juniors and also those coming through to join the teams for the first time.

I hope as many of you as possible will come and run for NOC at the Compass Sport Final, details in this issue, so that we put in a good team effort.

Finally, I look forward to seeing many of you at this year's AGM.

Helen

Coaching.

Sat/Sun 12th & 13th October Coaching Weekend for club groups in the Lake District. Pauline Olivant and other coaches will be there with some of the juniors on the Sunday and they will be able to advise on things to practise on Bigland - great area! You will have to sort out your own accommodation - if you are interested please contact Pauline on 0115 9872083

Hilary Palmer

Ray Barnes.

Ray tells me that he is intending to take a more backseat role in the sport due to other commitments. If this is indeed the case I am sure that you will join me in wishing him all the best and thanking him for all his excellent hard work on behalf of NOC (WATCH THIS SPACE NEXT ISSUE)

Compass Sport Cup Final 2002

Sunday 10th November 2002

Following our success in East Anglia in March we now have a chance to test our skills against the best in the compass sport cup final at Titterstone Clee Hill 25km west of Kidderminster on 10^{th} November. We are racing against SOC, MDOC, AIRE, BOK and ESOC and if we all run well I believe we can win this year. This will require a full turnout and I hope this can be achieved. Entries to the Compass Sport Cup have to be made through the club and there is no entry on the day. The event will use Sport Ident e-punching and the entry fee is £7.00 for Seniors and £2.50 for Juniors. If you can run please give your BOF number, Name, SI card number and a cheque (payable to NOC) to Pauline Olivant by 11^{th} October. Hilary Palmer and Jim Clarke are taking minibuses to the event and places are available for those who need transport. My thanks go to Pauline for organising our entries while I am away competing down under. If you do not have your own S I card you can hire one for £1.00. The event details describe Titterstone Clee as "an open hillside with some significant areas of past quarrying which has resulted in intricate contour detail."

Entry Form for Compass Sport Cup Final 10th November 2002

Name	BOF Number	S I Card Number	Age Class	Fee

Please return to Pauline Olivant, 89 Southcliffe Road, Carlton, Nottingham NG4 1ES by 11th October 2002.

Tel. (0115) 987 2083, e-mail: <u>xxxxxxxx</u>

Calling all juniors

Yvette Baker regional round

Please note the date has changed for our heat for the Yvette Baker, we are now competing on

3rd November at Allestree Park, Derby, **not** Outwoods,

We need as many as possible to turn put and run for the club, Please report in at the event registration cars with either Alison O'Neil or myself to check which course we need you to run. This for many of you will mean running down a course, but you will be able to have a second run later if you wish.

Transport to the event.

Those normally part of school teams who are unable to get there themselves, please discuss with either Jim or Hilary, Any other juniors who are unable to get transport to the event, please contact me and we will try to arrange lifts. Hopefully we will get though to the final, so a note for your diaries, the final is 8th December.

Pauline Olivant Tel 0115 9872083

Junior Rep

The Juniors managed their fifth consecutive win at the Peter Palmer night relays this year, following on from a victory in the Harvester the week before. Held in Leicestershire this year, the 8-mannight relay is the highlight of the junior calendar and great runs from both teams got us an overall win as well as third place in the handicapped class. Even the non-competitive entry BBOK (optimistically calling themselves "Best of Britain") which included various international runners, an M20 on the orange and a sneaky 3-second headstart ended up 5 minutes behind. As usual it was the strength of NOC's night runners that gave us the headstart needed; well done in particular to Andrew Llewellyn, Tom Brydges and Oscar Tapp-Scotting who we kindly threw into the deep end with negligible night experience behind them!

After a fantastic summer on tour in Scandinavia, some of the juniors have now been reselected for the World Class Start Squad this year; Colin Olivant, Sarah & Alison O'Neil, Sian Roberts and Rose Hodkinson. On the patriotic front, David & Rose Hodkinson and Alison O'Neil will be representing England at the Ward Junior Home International in Scotland. David and Alison will also enjoy a weekend on the fast and unbelievably flat (yes, even flatter than Nottinghamshire - they have to resort to mapping with 1m contours...) terrain of Belgium, representing Great Britain at the Junior European Cup.

In a creative attempt (!), a new junior website has been set up, which will provide new & pictures over the next year at the link:

http://www.shimagine.co.uk/NOCJuniors/Index2.shtml

Looking ahead the Yvette Baker Trophy rounds are coming up, with the first round on 3rd November. All juniors can count from yellow standard upwards, so we need as many people coming along as possible. Look forward to seeing you there!

Alison O'Neil.

!!!MISSING!!!

Does anyone know where the NOC Finish Banner is? It is a large, rectangular, white, plastic banner which says FINISH and possibly NIKE in blue writing. If you find it while we are away please ring the NOC Finish Co-ordinator, David Winser.

Thanks Angela Lucking

Quote of the month

"Huh! You would think some people would have something better to do on a Sunday afternoon" I almost couldn't punch for laughing.......Any suggestions out there? (Female angler overheard whilst running along pond edge on South Common)

Helper Groups, Co-ordinators, Planners, Organisers

Helper groups:

After 2 years with the 'new' Helper groups we are offering the chance to switch groups.

Helper group co-ordinators:

We are also planning to rotate the task of Helper group co-ordinator between members.

Planners and organisers

We are looking for event planners and organisers.

If you would like to try this for the first time we will offer you help and advice to guide you through the tasks involved.

So if you would like to change Helper group or if you do NOT wish to move group or if you would like to co-ordinate a Helper group or if you would like to plan or organise an event

Please fill in the form and send or e-mail it to Amanda Greenwood (NOC membership secretary) 39 Shilling Way, Long Eaton, Notts, NG10 3QN $\,$

If we don't hear from you, we will assume that you don't mind which Helper group you are in, and you may or may not be moved between groups, depending on numbers.

Note: Helper groups are Parking, Registration, Start, Finish and Results

Name(s)	Current Helper Group (if known)	Wish to Move? NO	Wish to Move? YES	If YES, Helper group you would prefer to move to
		110		move to

If you would like to be a Helper group co-ordinator or plan or organise an event please tick the relevant box(es) below Name(s):

	Y	es
I/ We would like to co-ordinate a	Helper group	

Name(s):

	Yes	Ever done be Yes	efore? No
I/We would like to Plan an event			
I /We would like to Organise an event			

If you would like to discuss what is involved with any of these tasks, please phone any of the committee members or the existing Helper group co-ordinators

P.S. If you have changed your address, telephone number or e-mail address and need to update NOC records, please also inform Amanda Greenwood (address and details above)

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Date	Venue	Status	Organiser	Notes
Every Thursday 18:30 prompt	from <u>Olivant's</u> , Carlton	Training Run tea and discussion		
Every Thursday 18:30 prompt from 26th Sept	from <u>Ray Barnes',</u> West Bridgford	Training Run tea and discussion		
Sun 27 Oct NOTE changed from 20th	Thieves Wood	C4	<u>Details</u>	SIdent L
Sat 23 Nov	Bulwell Hall	C5N		
Sun 24 Nov	Harlow Woods venue to be confirmed	C4		SIdent L
Sun 22 Dec	Clumber Park	C4		SIdent L
Sun 29 Dec	Bramcote Hills venue to be confirmed	O5	NOC Juniors	Xmas Novelty Special and Social
Sun 12 Jan 2003	Walesby venue to be confirmed	C4		Sident L This may be the Compass Sport Weekend
Sat 1 Feb 2003	Bestwood Country Park	C4S		SIdent Short Races
Sun 2 Feb 2003	Sherwood Pines	C3		SIdent Robin Hood Trophy
Sat 15 Mar 2003	Blidworth Woods	C5N		
Sun 16 Mar 2003	Blidworth Woods	C4		L
Sat 10 Jan 2004	ТВА	C4S		Short Races
Sun 11 Jan 2004	TBA	C3		Robin Hood Trophy
Easter 2004	EMOA will be hosting day 2 of the JK - in the Lake District!			

Check details@ http://www.noc-uk.org
or a full list of UK events see the BOF page at http://freespace.virgin.net/pat.martin/fixtures.htm

	NOC Contacts			
Chair	Helen O'Neil 47 Dale Road Stanton by Dale, Ilkeston Derbyshire DE7 4QF			
Secretary	Amanda Greenwood 39 Shilling Way Long Eaton Nottingham NG10 3QN			
Fixtures Sec & Web Meister	Ray Barnes			
Team Coach	Hilary Palmer			
Treasurer	John Dalton			
Mapping Coordinator	David Olivant			
EMOA Rep	Pauline Olivant			
Junior Rep	Alison O'Neil			
Team Manager	Mick Lucking			
Club Kit Sales	Situation Vacant			
Black & Green Editor Club Archivist	Keith Streb			
Garage Key Holders	Mick & Angela Lucking			