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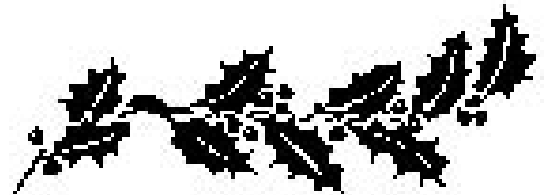
<http://www.noc-uk.org>

The Newsletter of Nottinghamshire Orienteering Club

December 2003

Chairman's bit

Awaiting copy



Team Manager

Sun 4th January at Bestwood Country Park

Run-off your Christmas excesses and practice some 'O' skills Exercises suitable for all from White to Green standard

Club training day (run or walk this is open to all) based at the Study Centre at Alexandra Lodge from 10.30 to 2.30

Bring your own lunch and drink for a picnic in the classroom between exercises

NO PARKING at the classroom

Park in the car park in Bestwood Village by the old winding house or in the southern car park and walk/jog in

For more details and to let me know you are coming please contact Hilary Palmer 0115 9820651 or email: hjpalmer@ntlworld.com

Lake District Weekend Feb 21-22

A chance to practice in different terrain in the southern Lake District – a social weekend and especially good practice before the 'JK'

Arnside Youth Hostel accommodation and training on Saturday 21st Feb with a local Colour Coded event OR another training session on Sunday 22nd Feb

All standards catered for: Contact me for more details and to book

Hilary hjpalmer@ntlworld.com

Yvette Baker final

The NOC juniors travelled to High Ash forest near Thetford but were narrowly beaten in the final this year, all the team ran well, with David Hodgkinson and Aidan Hewitt getting max points on their courses, The scores couldn't have been closer,

1st AIRE with 881 points

2nd WCH 880

3rd NOC 879

This competition is now become really competitive and 10 teams reached the final, so after 4 years of having only our name on the trophy, it will have another one for this year, but we will back to contest it again nex tyear and I am sure will regain the trophy again.

East Midlands Galoppen

A suggestion has been put forward that the galoppen moves to a competition completed for over a calendar year, rather than at present from Sept to May, The proposal is to start in Jan 2005. We want to hear from any club members who have any thoughts on this proposal, any comments should be forwarded to our East Midlands rep Pauline Olivant tel 0115 9872083 or email p.olivant@btinternet.com

Christmas Social 21st December @ Bestwood

After falling numbers each year, we have decided not to have a post Christmas club event this year. Instead we will be hosting refreshments and a 'get-together' for NOC members at the Colour coded event at Bestwood on 21st December 2003.

After your run come and join us in the car park, for a cup of soup and mince pies.

All welcome.

JK 2004 Entry details for Helpers

Thank you to everyone who has volunteered to help on Day 2 at the JK. I will be in touch with you in the New Year to talk about specific jobs. I still need more helpers!

Please enter as normal (Cheap rates close in January). You will be given start times by the entry team but we will have punching start permits issued nearer the time that we will use to start at a convenient time on the day.

Contact me if you require more information.

Janet Evans

For more information and offers of help please contact me on 01636 813058 or janet@janetandnick.freemove.co.uk.

Easter is a very busy time in the Lakes and so start thinking about your accommodation plans. It may be possible for NOC to get a block booking at the Haven holiday park nearby. Janet Evans

.....NEW AREA.....

Robin Hood Trophy Badge.

Blidworth Woods

Saturday 10th

January 2004

Short Races

**Sherwood Forest, Budby and
Bilhaugh**

Sunday 11th January 2004

----- Both days using SportIdent E-Punching -----

Saturday 10th Short Races Note change from Rufford

Blidworth Woods SK 592525 - signed from A 614 at SK 601522 prologue race followed by a chasing start Six Classes: Open, W. Open, M45+, W40+, M16-, W18-.

Early or late start for Prologue. No split times. No colour coded.

Sunday 11th Robin Hood Trophy Badge Event

Sherwood Forest, Budby and Bilhaugh (part new area) Signed from A614 at SK 653688

Classes JM/W1 to JM/W5L plus M/W21 to M/W70 plus limited Colour Coded (EOD) and String.

Helpers at these events will be able to enter for one day of the weekend at the reduced rate of £2 for adults and free for juniors. These reduced rate/free runs may be claimed on either day of the weekend

e.g. if you help on Saturday you may claim your reduced rate or free run on either Saturday or Sunday (but would then pay the usual rate for the other day entered, unless you are helping both days!)

BOC 2004 Relays

The withdrawal of permission to use two areas and the lack of availability of other suitable areas has caused the NEOA to withdraw from hosting the British Relay Championships 2004, scheduled for March 21st. Official notification of this was received on Monday 1st December 2003. In the meantime, the available alternatives have been reviewed and attempts are being made to put a solution in place so that any ill effects on the individual championships are minimised. These attempts are ongoing and we are unable to be any more definite at this stage. Given the uncertainty of the situation it might be wise to delay any personal decisions regarding accommodation at the Championships until all possible solutions have been tested. As soon as a definitive answer is available the information will be published on the BOF web page

Don't forget if you want to save forests you can receive this via email as a PDF file.
So far **45** people receive this TeaBaG electronically and NOC now has more money to
spend on important things like MAPPING NEW AREAS.....
Just send me a e-mail with Teabag YES as the header (and if you have a cryptic address a
real name in the body.

YOU KNOW IT MAKES SENSE!

NOC Provisional Fixtures.

Check details@ <http://www.noc-uk.org>

Date	Venue	Status	Organiser	Notes
Every Thursday 18:30 prompt from 2nd Oct to 18th Dec	from Ray Barnes' , West Bridgford	Training Run tea and discussion		
Sun21/12/03	Bestwood	C4	Gill & Bob Hatfield	
Sat10/01/04	Blidworth	C4S	Paul Scotting	<i>Short Race</i>
Sun 11/01/04	Sherwood Forest & Proteus	C3	Bob Alderson	Robin Hood Trophy. EM Champs.
Sun 07/02/04	Haywood Oaks	C5N	Steve Martin	
Sun 29/02/04	Sherwood Pines	C4 + UK Cup Race	Garry Drew	+ <i>UK Cup Race</i>
Sun 14/03/04				<i>CS Cup</i>
Sun 09/05/04				<i>CS Cup Final</i>
30/05/04 13 +20/06/04 + one other	Various to be determined			<i>Summer League events</i>
Sat 03/07/04	Colwick Park	C5R		<i>Little John Relays</i>
Sun 19/09/04	Holme Pierrepont			CATI
Sun 3/10/04	Thieves Wood	C4		
Sat 21/11/04	Harlow Wood	C4		
Sun 19/12/04	Sherwood +Proteus	C4		

Club contact details

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