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<http://www.noc-uk.org>

The Newsletter of Nottinghamshire Orienteering Club

April 2004

Helens's bit

Well done again to the club members who turned out to run for NOC at the Compass Sport 1st round match at Thetford on 14th March, we're through to the Final again which takes place on 9th May - please try to come and run for NOC in the Final if you can (details in this issue, contact Mick Lucking if you are able to attend) so we can put a good effort in to defend the Cup which we won last year.

Also please let Mick know if you would like to enter the British Relays, now on May Day Bank holiday 3rd May in the Forest of Dean (as part of the Triple O Severn weekend with Badge events on the Saturday and Sunday beforehand).

We've had a really good series of NOC winter/spring events with good numbers attending. Why not now try a summer event in May or June? These are generally lower key than full colour coded events, with white, yellow and orange courses and a course for the more advanced (often a score event); a good way of keeping your orienteering skills alive over the summer.

Nicola Olivant (our Club coaching rep) is planning a club training event in association with one of these (details later on the website), so why not try a spot of training and try to learn or brush up some orienteering skills?

Hoping to see many of you in the forthcoming months at an event somewhere around the country

Helen

Congratulations

(Albeit somewhat belated) are due to Hazel Rice who last November became the 2003 Club Champion. *and incidentally beat Bob by seven whole places in the process....*

Team races 2004

British Orienteering Championships Relays - Entries to Mick Lucking by 7th April

These are being held at Moseley Green, in the Forest of Dean, on Monday 3rd May as part of the "Triple O Severn Weekend"

The classes are as follows:

M/W 12-	M/W35+	M/W55 mixed
Ad Hoc Junior Ad Hoc	M/W14-	M/W40+
Short Open	M/W Premier	M/W18-
Women short	M/W50+	M/W45+

The entry fee is £8.00 per person for senior classes and £4.00 per person for junior classes. Cheques should be made payable to NOC and sent to Mick Lucking at 6 Long Lane, Attenborough, Beeston, Nottingham NG9 6BG. **NO CHEQUE NO ENTRY**. If you are a junior or a student running in a senior class you only need pay the junior rate. Please give first and second choice of team, BOF No. and SI number.

British Relay Championships 3rd May 2004 Fees: Senior £8.00 Junior £4.00

Contact Name		Contact Tel No.				
Address						
Name	BOF Age Class	BOF Number	S I dibber Number	1 st Choice team	2 nd Choice team	Fee
FEES (Cheques payable to NOC)						

Please send to Mick Lucking, 6 Long Lane, Attenborough, Beeston, Nottingham NG9 6GB

Compass Sport Cup Final

Pillar Woods, Caistor, Lincolnshire Grid Ref

Sunday 9th May 2004

The details of how to enter the event are not yet available but these will be posted here as soon as they are available. Please keep this date free in your diary as it will need a full turnout for us to retain the trophy. Because of the proximity of the event we are not taking a coach to this event. If you need transport to the event please contact team manager Mick Lucking. Simon Elliott has run at the area previously and reports that it is very fast and runnable. Unlike most HALO areas he does not recollect many brambles.

Harvester Trophy – Pippingford Park, East Sussex.

15th/16th May 2004

Closing date for entries 23rd April 2004

This event is earlier in the year compared with last year and hence the bracken should be a lot lower!

Both day and night legs are available varying from 5km to 12km although most are 7km. If you are interested please put your name down below indicating whether you would prefer a day or a night leg. The entry fee is £10.00 per head for adults and £5.00 for juniors. Cheques should be made payable to NOC and sent to Mick Lucking at 6 Long Lane, Attenborough, Beeston, Nottingham NG9 6BG. **NO CHEQUE NO ENTRY**

Harvester Trophy Relay 2003 15th/16th June 2004 Fees: Senior £10.00 Junior £5.00

Name	BOF Age Class	BOF Number	S I dibber Number	Day or Night Lap Preferred?	Fee
TOTAL FEES (Cheques payable to NOC)					

Footpath Relay

Saturday 19th June 2004

This year the event is being organised by us and will be based at Calton Lees Car Park, 2km south of Chatsworth House. This is a 20 leg relay race with details of the route already available at www.cix.co.uk/~neper/footpath.htm. As a result anyone entering is expected to reconnoitre their leg before the day of the race. If you get lost you will have to answer to 19 very disgruntled team mates! The team has to be made up of a mixture of males and females of varying ages. If you wish to run please give Mick Lucking your name and BOF age class.

Footpath Relay 19th June 2004 Entry for NOC Team

Contact Name	Contact Tel No.
Address	
Name	BOF Age Class

J K Relays Proposed Teams

As many of you will know the N O C relay teams at the JK tend to change on the weekend as a result of injuries and activities at the disco etc. However the following is “plan A” for the relay teams.

If your name is missing and it should not be contact Mick Lucking ASAP.

J K Trophy	David H, Richard R, Andrew L, Colin O
Women's Trophy	Helen P, Alison O'N, Liz Day
Men's Short	Andrew Powell, Stephen W (Junior) Rob P
Men 120+	Mick L, Paul M, Tony D
Women's Short	Sian R, Rosemary H, Sarah O'N
M165+	Peter H, David O, Ray B
M 120+	John Middler, Stephen Martin, Andy Sykes
W 120+	Helen O'N, Hilary H, Clare C
M48-	Rhys R, Peter H, Peter Bowen
Women's Short	Emily P, Sarah C, Hilary P
Mens Short	James B, Alex de J, James C
M/W40-	Tim Martin, Joy H, James Taylor
M 120+	Eddie N, Keith R
M 40-	Harry N, Alex H, Sam Duke

Club Committee and Contacts

Chair	Helen O'Neil 47 Dale Road Stanton by Dale, Ilkeston Derbyshire DE7 4QF	0115 944 1592 mikeoneil@compuserve.com
Secretary	Amanda Greenwood 39 Shilling Way Long Eaton Nottingham NG10 3QN	0115 946 5296 amandaorienteer@aol.com
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Web Meister	Ray Barnes	0115 974 6044 ray.barnes@ntlworld.com
Team Coach	Nicola Olivant	0115 952805 nic_olivant@hotmail.com
Treasurer	Steve Wright	0115 931 3592 steve.val.wright@ntlworld.com
Mapping Coordinator	Steve Martin	0114 2747437 s.j.martin@sheffield.ac.uk
EMOA Rep	Pauline Olivant	0115 987 2083 p.olivant@btinternet.com
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Team Manager	Mick Lucking	0115 922 5578 mick@lucking.co.uk
Club Kit Sales	Gill Hatfield	0115 9814101 gill.hatfield@ntlworld.com
B & G Editor Club Archivist	Keith Streb	01623 473401 keith.streb@ntlworld.com
Garage Key Holders	Mick & Angela Lucking	0115 922 5578 mick@lucking.co.uk

NOC Provisional Fixtures.

Check details@ <http://www.noc-uk.org>

Date	Venue	Status	Organiser	Notes
Sun 14/03/04	Pillar Woods			<i>CS Cup</i>
Sun 09/05/04				<i>CS Cup Final</i>
Sat 19/6/04	Chatsworth		Mick Lucking	Footpath Relay
Sun 23/05/04 Sun 13/06/04 Sun 20/06/04 Sun 27/06/04	Vicar Water Rushcliffe CP Bulwell Hall Burntstump CP		One to incorporate club training Nicola O	<i>Summer League</i>
Sun 04/07/04	Colwick Park	L5R		<i>Little John Relays</i>
Sun 19/09/04	Holme Pierrepont			CATI
Sun 3/10/04	Thieves Wood	D4		
Sat 20/11/04	Sherwood Pines	L5N		
Sat 21/11/04	Harlow Wood	D4		
Sun 19/12/04	Sherwood +Proteus	D4		

Don't forget if you want to save forests you can receive this via email as a PDF file.
So far **51** (*which according to Microsoft now makes it spam...*) people receive this TeaBaG electronically and NOC now has more money to spend on important things like MAPPING NEW AREAS.....

Just send me a e-mail with Teabag YES as the header (plus if you have a cryptic address your real name in the body)

YOU KNOW IT MAKES SENSE!