



December 2007

### *"From the Chair"*

You may not have been expecting another B&G before Christmas and so this was going to be a short note from me this time. It was, but needless to say once I started writing I found many bits of information, some news, some reminders, some thanks, etc., etc.

Firstly I should like to welcome two new members to the Committee. Simon Elliott has taken over the position of Team Manager from Richard Robinson, and Jenny Evans is our new Junior Representative as successor to Katie Taylor. Can I pass on my thanks to Richard and Katie on behalf of the Committee, for all of your help and contributions during your time in these posts.

Many of you will be aware that the first round of the Compass Sport Cup takes place very early next year - on 13 January 2008. Simon needs to get our team entry in urgently so this is a reminder to contact him as soon as possible to confirm that you are able to compete. As the first round is some distance away at Thetford we shall be organising a coach and as a consideration in reducing our environmental impact and building on the team spirit I would encourage you to travel by this method if possible. Could you let Simon know how many will be travelling by coach when you contact him please.

Just in time before I send in this article, I have received the results for the Yvette Baker Final at Scunthorpe. This year we came second, a tremendous improvement, and so congratulations to all our juniors who competed. I'm sure there will be reports and articles either in this issue or to follow soon.

Time for a gentle reminder. Contributions to B&G are always welcomed and particularly from non-committee members. We would all be

very interested to know what you have been up to with your training, competition successes, travels, plans for the new year, etc. Please send all contributions to the editors please. If we have more contributions we may achieve one of my aims, which was to ensure that we maintain a regular bi-monthly multi page edition.

By the way, Tony Donaldson volunteered at our AGM to help Peter Hubberstey with the production of future B&G's, so please ensure that copies of all of your contributions go to both.

Another reminder. The B&G is available as an electronic version, and I would encourage all of you to request (via the editors) that you receive future versions in this way. This will save on postage, labelling, and time for the editors, and is clearly a 'greener' way of receiving the information. Obviously there are some people who are unable to receive electronic versions and I would reassure these members that we shall continue to provide you with your paper copies.

Have you planned a Summer League event? Do you fancy doing so but are you a little concerned that you don't have the skills and knowledge? Or, would you like to move on from having planned a SL event to plan something more complicated ie. a C4 (district) event? Now is your chance. There is a British Orienteering Planners course which is being run locally by EMOA at Groby on Wed 30th Jan / 2nd Feb. which will give you all the necessary tuition. I am unsure of the exact location at present or times of the course but if you are interested in going then please ring Pauline Olivant who will be able to advise. This course is the recognised route for budding planners to gain a thorough knowledge of the rules and principles of planning. It is worth noting that if we have more qualified planners in the club then we can spread the workload a bit, and perhaps we may have the opportunity to run more events.

Similarly, have you organised an event? Have you considered adding to your skills and becoming qualified as a Controller? British Orienteering regularly run courses and I would urge you to check the websites to see when and where the next course is being held. Being a Controller doesn't necessarily mean that you will take on a massive extra workload. You are only likely to be asked to control for NOC once a year but you will be helping the club enormously by taking the pressure off the very few controllers that we currently have. Once again, this is a bit of self-help in trying to help each other and spread the NOC workload. Thanks in advance!

The NOC Club Championships for 2007 will be held at the SYO event on 27 January 2008 at Tankersley. Yes, I know it's a little contradictory holding it in 2008 but please ensure that you submit an entry in plenty of time - the event closing date is 13 January 2008.

Next, helping at events.....when did you last volunteer? If it has been some time since you volunteered or were asked, please contact your Team Leader to offer your help. For those of you who may have forgotten the contact details for your team leader, just check the NOC web site or ring me. If you have forgotten which team you are in, contact Nicola Olivant. Note - we shall need lots of help for the next C4 at Walesby, and particularly for the C3 event at Budby in February.

Don't forget that all helpers get an entry for half price at our events. Another change that you should note - the Parking Team has a new team leader. Richard Llewellyn has volunteered to take over from Hilary Hodgkinson. Hilary has managed to combine the jobs of both the Parking Team leader and the String Course leader for several years, and she has also organised several events, but now needs to devote more time to other commitments. A new String Course team leader is still required, so, particularly for those already in the String Course team, if you think you could help can you please ring Hilary.

Can I finally refer you to the new NOC website. This went live in September and is, I am sure you will all agree, a dramatic improvement on the previous version, but I suspect that many of us don't realise just how much work Ray has put in behind the scenes to ensure that this has happened. On behalf of the whole club, can I pass on a big thank you to Ray.

I know work is still ongoing, and although many of the outstanding tasks are aimed at further improving the performance, enabling the production of event flyers, etc., and various other tasks, there is one thing that we can all do to help.

If you have any photographs of club members competing, both in recent events and in past years, then please send them to Ray to add to the archive. Also, have a look through the Club History about the early days of the club and if you have any additional information I am sure that Ray would be more than pleased to add it, or fill in the gaps.

See you in the forest, on the moors, or elsewhere

Dave Cooke

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### *"From the Editor"*

Posting hard copies of the B & G to members has a significant negative effect on the Club's finances. For some time now we have maintained a list of members who are happy to receive their B & G electronically. Please send your e-mail address to [bag\\_ed@noc-uk.org](mailto:bag_ed@noc-uk.org) if you would like your B & G electronically.

Many thanks



### *"From Simon Elliott, Team Captain"*

Compass Sport Cup – Brandon Park, Thetford

Sunday 13<sup>th</sup> January 2008

The first round of the 2008 Compass Sport Cup is very early next year so the deadline for entries is tight particularly allowing for Christmas and New Year. All entries need to be done through me so I need to know who wishes to be entered by Friday 21<sup>st</sup> December at the latest please. £7 senior, £3 juniors.

If there is the demand we will be taking a coach – this will be FREE but I do need to know now if you would like to travel on it.

Further details about the event will be available: [www.eaoa.org.uk](http://www.eaoa.org.uk)

If you are able to run and support your club please complete the enclosed form and return to me at

9, Devonshire Avenue, Beeston, Nottingham, NG9 1BS

not forgetting your cheque payable to NOC – no money no entry!

Please also include contact details so I can let you know coach departure times and start times nearer the time when I know final details.

Many thanks

[simon\\_elliott@ntlworld.com](mailto:simon_elliott@ntlworld.com)

Tel. 0115 9175614

Courses:	1) Brown –	Open
	2) Blue Women –	Women Open
	3) Blue men –	M45+ M20-
	4) Green Women –	W45+ W20-
	5) Green Men –	M60+
	6) Short Green Veterans –	M75+ W60+
	7) Light Green –	M/W18-
	8) Orange –	M/W14-

Please return the form located elsewhere on the NOC website for entries.

## January 2008 – March 2008

	Date	Category	Venue
Sun	16/12/07	C4 NOC	Walesby, Ollerton
Sun	16/12/07	C3 HOC	Kinver Edge, Stourbridge
Sun	16/12/07	C4 MDOC	Bosley Cloud, Congleton
Sat	29/12/07	C4 LEI	Grange Wood, Ibstock
Tues	01/01/08	C5 LEI	Abbey Park, Leicester
Tues	01/01/08	S5 DVO	Bakewell
Sun	06/01/08	C3 MV	Sheepleas & Effingham, Dorking
Sun	13/01/08	O3X EAOA	Brandon Park, Thetford
Sun	13/01/08	C5 LOG (CATI)	Lincoln South Common, Lincoln
Wed	23/01/08	C5N LEI	Bosworth Park, Market Bosworth
Sat	26/01/08	C5 DVO	Poolsbrook, Staveley
Sun	27/01/08	C3 SYO	Tankersley, Sheffield
Sun	27/01/08	C4 LEI	Rough Park & Rising Wood, Ashby
Wed	30/01/08	S5N DVO	Wirksworth
Sun	03/02/08	C3 HALO	Pillar Woods, Caistor
Sun	03/02/08	C4 DVO	Calke Abbey, Ticknall
Sun	10/02/08	C3 NOC	Budby, Mansfield
Wed	13/02/08	C5 LEI	Western Park, Leicester
Sun	17/02/08	C3 WCH	Beaudesert, Cannock
Sat	23/02/08	C5 DVO	Farley Moor, Matlock.
Sat	23/02/08	C2N BOK BNC	New Beechenhurst, Coleford
Sun	24/02/08	C3 CLARO	Brimham, Pateley Bridge
Sun	24/02/08	C4 POTOC	Swynnerton and Harley Thorns
Sun	02/03/08	C4 DVO	Crich Chase, Belper.
Sun	09/03/08	C2 SARUM	Great Ridge, Hindon
Sat	15/03/08	C5 DVO	Bottom Moor, Matlock
Sun	16/03/08	C4 NOC	Thieves Wood, Mansfield
W/e	21-24/03/08	C1 /R1 SEOA	JK Dorking / Tunbridge Wells

*NOC Training Thursdays December - February*



## CIRCUIT TRAINING

led by **Eddie Nicholson**, club coach and  
qualified personal fitness trainer

Every Thursday starting at 6:30pm in the Gym at  
**Bramcote Hills Sport and Community College**

**All ages and abilities catered for.**

Present members that attend range from

9yr olds to W/M21s to W60s

**Cost:**

**Adults £1.00 Juniors 50p.**

**PHONE:**

**0115 9607714 for details**



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