

the ^{BLACK} and Green word MACHINE

APRIL 1996

INTERNATIONALS AND CHAMPIONS

Our two representatives competed with distinction for England v Holland, Belgium regions, German regions in Germany on March 17th. Allstair Footitt was top English finisher, fifth overall on H116 whilst Hilary Palmer was second - by one second - on D45 to Christine Roberts (EBOR).

Congratulations also to our Midland Champions at Bentley Woods on February 18th.

W35	Janet Evans	M13	Stephen Wright
W40	Jane Booker	M15	Allstair Footitt
M11	David Hodgkinson (joint winner)		

There was further success for Stephen when he came 1st on M15A at the Midland *Night* Championships at Rowney Warren

SPEAKING FROM THE CHAIR

Thank you to all members who ran at Whamcliffe in our Compass Sport match. It is a pity that we don't have an even spread of talent across the 'teams' required in this competition. By next year I hope to have started to address this problem by 'selective recruitment', but watch this space.....

Two members have provided details of garages available for rent. We are looking into these possibilities.

About 40% of you have returned your survey forms. This is an excellent response level. However I suspect the sample is not representative of the whole membership. I have therefore included a shorter 'facts only' survey with this mailing to members who have not replied yet. Sorry if there is a cross-over in the post with your completed full survey. I am determined to find out what everybody in the club thinks.

The survey has already produced change. Many non-juniors asked for help with their 'O' skills, so we will be holding some training events during the coming year. Watch the fixtures list to see when they will be.

You may have noticed that the Colour Coded event scheduled for 5th May has been postponed. This is because exhaustive efforts failed to find anybody willing to volunteer as Organiser.

I had planned to make 'helping' a topic for a future B&G, but now seems as good as time as any. With regard to Organising:- Firstly, you only need to have been to half a dozen events to know enough to be able to organise a local colour coded event. Secondly, your task is essentially to find the helpers and team leaders. The actual work on the day is largely done by these people. Thirdly, if you feel outside the club, organising an event will introduce you to many members. Finally, remember that every event you attend has an organiser. If nobody organises there will be no events. Orienteering is not like going to the swimming pool or the squash court, there is not a professional staff to make all the arrangements!

OK, end of lecture. Call the fixtures secretary now and volunteer.

Thanks for listening.

Ray Barnes

COMPASS SPORT CUP

This event had its fair share of problems concerning parking, indecision over delaying start times and - not least - the unpublicised separate colour coded/ string course finish resplendent with its own "Finish" banner.

Again we lost narrowly in this first round match, this time to EPOC by 88-85. Scoring was based on minutes/km on the badge courses. Our counters and points were as follows:

Brown 1		Brown 2	
Paul Gebbell	4	Simon Elliot	5
Tim Hills	3	Andrew Preston	4
James Gray	1	Nick Evans	3
NOC 8 EPOC 13		NOC 12 EPOC 8	
Blue 1		Blue 2	
Derek Mill	4	Angela Lucking	4
Robert Palmer	2	Catherine Hughes	3
Alec Hickton	1	Janet Evans	2
NOC 7 EPOC 14		NOC 9 EPOC 12	
Green		Light Green	
Jane Booker	8	Richard Robinson	4
Hilary Palmer	5	Helen Palmer	3
Judy Pittson	4		
NOC 15 EPOC 8		NOC 7 EPOC 7	
Orange			
David Hodgkinson	5		
Andrew Booker	2		
NOC 7 EPOC 7			
Overall NOC 65 EPOC 68			

THE COMMITTEE

Chairman	Ray Hanson
Secretary	John Dalton
Finance Secretary	Colin Portman
Treasurer	Steve Wright
Coaching Co-ordinator & EMQA Rep.	Hilary Palmer
Team Manager	Peter House
IMC/WM Editor	Dave Olivant
Mapping Co-ordinator	Alan Jones
Equipment Officer	

THE COMMITTEE MATTERS

NOC is now on the internet, NOC Home Page and can be reached through <http://www.bivv.co.uk/NOC> for information on event deadlines, news, fixtures, results etc.

It is hoped to resumed the NOC Club Championships. This could be done on a handicap basis, at a non-NOC East Midlands badge event with all age classes/categories being eligible. Ray Barnes would be interested to hear any views you might have about this idea.

The club banner has resurfaced and will be taken to major events to act as a focal point for NOC members.

It is likely that the club equipment will move from its current rather damp storage place in Sandiacre to a new site in Beeston, in the fairly near future. Watch this space!

COMING UP

I have details of the Scottish Relay Championships to be held at South Achray, Aberfoyle, Trossachs 26th May 1996. Contact Peter Bourn. .I you wish to enter.

SYO are organising the 1996 Long Distance Footpath Relay. Saturday June 15th 1996. The event starts and finishes in Longshaw Estate (near Sheffield).

Last year we were a close third and hope to go at least one better. There are legs to suit all ages. Please let me know if you would like to take part in what is generally reckoned to be a good day out.

Peter Bourn.

SUMMER TRAINING RUN

The Thursday evening run moved from Michael Napier's house to David and Pauline Olivant's on 11 April. A suitable run for juniors will be available. Please assemble at 6.30pm. The address is shown on the club list.

Various distances entered for - 3-6 miles. The run will be followed by tea and chat as usual.

SUMMER LEAGUE

May 16 th	Bestwood Country Park Ray Barnes	
May 23 rd	Thieves Wood	Richard Torr
June 6 th	Wolbeck College	Robert Parkinson
June 13 th	Wollaton Park	Anthony Donaldson/Catherine Hughes
June 20 th	Nottingham University	Paul Beverley
June 27 th	Rufford Park	Keith Sireb
July 4 th	Blidworth	Dave Cooke
July 11 th	Colwick Park	Stuart and Katy Hatfield

NEXT NOC FIXTURES

May 5th Bestwood cancelled

June 18th Strawberry Hill R4 Little John Relays
Group B Helpers
Planner Alan Beardsley Organiser Ray Barnes Controller Peter Bourne

COURSES, COURSES, COURSES

If you are interested in qualifying as a Club Coach/Instructor contact Hilary Palmer

See the current EMEWS for full details of the course for potential Grade 3 controllers Saturday May 18th at Martinshaw, near Leicester (very accessible from M1 Junction 22/A50)

WHITE ROSE WEEKEND AUG 24TH - 26TH

Spring is not yet here - still grey and gloomy as I write this - but already the fliers are out for the White Rose Weekend at August Bank Holiday! "Old hands" will know the details - but for new members or anyone wondering what the "White Rose" is....

Sat and Sun badge class courses with a "chasing start" on the Sunday at Wass Forest (W of Helmsley) - do your own entries. White, yellow, orange, red for EOD also available.
Monday - relays - a choice here of organising your own team or joining in with a NOC handicapped team. The handicapping attempts to put us all into equal teams based on the Saturday results.

There is an event campsite or if you prefer a site with hot showers and the NOC social scene which includes a BBQ together on the Saturday evening and NOC's answer to the MCC-an exciting cricket match for which everyone is selected.

I will again take bookings for the "NOC" campsite (Wayside Caravan Park, Wreton) for which your name, type of unit and width (+extras like elec. hook up, awning etc.) and arrival date is needed. NOC Relay entries for the "handicap" teams will cost £3.50 (payable to H Palmer) per person. If your children want to run in Class D (Total BOF Ages 40, at least one W) let me know and I'll see if there are enough for a team(s) -cost for this will be £1.70 each

Cheap rate for entries is 27 May so I need names and money NO LATER THAN MAY 18th. I will only do one booking for the relays and Wreton campsite"

For more information please contact Hilary Palmer

STOP PRESS CONGRATULATIONS TO 'JK' RUNNERS who did well, especially:

M11 winner - David Hodgkinson, W45 third - Hilary Palmer

M50 fourth - Steve Wright, W15 sixth - Helen Palmer

and also to our prize winning relay teams:

1st place for the 37- team: Stuart Hatfield, Colin Olivant & David Hodgkinson

3rd place for the W17 team: Helen Palmer, Katy Hatfield & Nicola Olivant
