



the ^{BLACK} and Green word ^{MACHINE}

FEBRUARY 1996

MORE INTERNATIONALS FOR NOC

Congratulations to Alistair Footitt on his first international selection for England v Holland, Belgium Regions and German Regions in Germany on March 17th. Alistair has had an excellent Autumn with firsts in NE7 and British Schools and a second place in NE1 1996 by just a few seconds. Hilary Palmer adds to her international appearances as a member of the same team though not as a junior!

Please note that the closing date for the JK Relays entries at the low rate is Monday February 19th. Information on entries and accommodation later.

SPEAKING FROM THE CHAIR

By now you will have found the promised Survey. Please fill it in as soon as possible, and return to the box that will be provided at Blidworth and at Sherwood Pines. If you are not coming to either of these events then please post it back to me at 36 Bridgford Road, West Bridgford, NG2 6AB, or hand it to any member of the committee.

Most of you know that the bulky club equipment is stored in a garage. Unfortunately it is likely that we will not be able to continue using the current garage for much longer. It is becoming urgent to find another, or a shed, or even a concrete base upon which a shed could be constructed! The only requirements are that it be dry and secure.

I must echo the comments of Mike Gardner (Controller at Budby). "Congratulations to NOC on a well organised and planned event". Thank you to everyone involved on the day and for the months before. You will have all noticed little things that could be done better. Please feel free to add any comments on the Survey. Next year we are hosting the British Champs, when there may be four times as many runners! With a little more practise we will be perfect.

Thanks for listening.

Ray Barnes

HELPERS PLEASE

Judy and Phil Pittson

still need a few helpers for Blidworth.

COLWICK PARK "CHRISTMAS SPECIAL"

Despite worries about the possibility of snow - the event went ahead in very cold, icy, potentially dangerous conditions - I had been hoping the clear, crisp sunny weather would hold. Thanks that you took notice of the warning and kept clear of the frozen lakes - the controls at the edge of water were a little further back than normal.

The intention was to provide an enjoyable challenge with the opportunity for some positive, individual, decision making to allow you either to take the 'easy' route round and follow the score course for the full time or risk going back for 'extras'. The results seem to prove that whichever combination you chose you stood a reasonably equal chance of accumulating a similar score - favourable comments made the planning and numerous visits to Colwick park worthwhile.

Thanks again to all for competing and helping - I enjoyed planning this one and look forward to the chance to concoct something 'a little' different for a future event.

Dave Cooke

Colwick Park "Christmas Special" Results					
Name	60 minute score				
	Score Section	Extra Controls	Map Memory	Penalties	Total
Tim Hills	485	65			550
P Cooper	350	15	180		545
David Olivant	505	40			545
Bob Hatfield	525	40		-30	535
Mick Lucking	480	40			530
Colin Portman	515	40		-30	525
Robert Jackson	515				515
Richard Torr	490	15			505
Ray Barnes	470	40		-30	480
Simon Elliott	355	80			435
Jad Dziadosz	350	80			430
Tom Kirwan	255		120		375
R Hills	330	15			345
Alice Kirwan	335				335
Catherine Hughes	250	40			290
Sian & Keith Roberts	270				270
45 minute score					
Nicola Olivant	420				420
Kate Hatfield	410				410
Chris Hodgkinson	385			20	385
Stephen Wright	355			-20	335
Colin Olivant	320				320
Stuart Hatfield	305				305
Fiona Munton	240			20	270
Matthew & Miles Yarrington	170			-40	130
Junior Course					
Harr & Ali & "Boz" Yarrington	65 minutes	(Controls No's 1 to 7)			75

RELAY TEAMS FOR BOC96 and JK96

Peter Bourne (NOC Team manager) needs NAMES and MONEY from NOC members who would like to run in the British Clumps and/or JK Relays. Please send TWO separate forms with cheque(s) payable to 'NOC' - NO MONEY, NO RUN !! Do NOT confuse the two events as the classes are different.

JK Relays Easter Monday 8th April - near Stokesley, N Yorks

Class	Leg length km	Class	Leg length km
JK Trophy ad	7.0	Open 40+	5.4
W Open	4.5	W 40+	3.3
Medium Open	5.0	Open 45+	4.5
Short Open	4.0	W 45+	2.8
W Short	3.0	Open 50+	4.5
Open 11-	1.7	W 50+	2.8
Open 13-	2.5	Open 55+ (inc. 1 W)	2.8
W 13-	2.0	Open 60+ (inc. 1 W)	2.5
Open 17-	4.0	Mix Ad Hoc	2/3/4
W17-	3.0	BOF Ages 37-	0/1/2/Y
Open 35+	5.4	BOF Ages 125+	4.0
W 35+	3.3	BOF Ages 165+	2.3

BOF/Y means Orange, Orange, Yellow. The last four classes are for members from any club - all the other classes are for members of one club. Where there is an incomplete age team I will enter Medium, Short or W Short.

JK Relays cost £6 per runner or £3 for M/W 17s & under *CLOSING DATE FEBRUARY 19th*

British Relays Sunday 5th May, Oban Scotland

Class	Leg Length(km)	Class	Leg length(km)
Open	6.9	M/W11-	1.4
Womens Open	5.4	M13-	3.3
M35/M40	5.9	W13-	2.7
M45/M50	5.1	M17-	4.6
W35/W40	4.6	W17-	3.9
W45/W50	3.9	BOF Ages 125+	5/5.1/3.9
M/W55	4.6/4.6/3.3	BOF Ages 165+	5.1/3.2/2.8
M/W60	3/3.3/2.8	Junior Ad Hoc	1.4/1.3/2.7
Medium Open	5.1	37-	
Short Open	3.3		

NB The terrain is such that planning of M/W13 and Junior Ad Hoc will be at the upper end of technical and physical difficulty. Where there is a complete team I will enter Medium or Short Open.

British Relays cost £8(eight) per runner, £4 for M/W17. *CLOSING DATE 16th MARCH*

Send your name, BOF Age Class for 1996 and which relay you would prefer to run. Also indicate an alternative class(es).

SEND SEPARATE DETAILS FOR THE TWO EVENTS AND YOUR FEE(S) PAYABLE TO NOC. TO PETER BOURNE,

JK96

JK 6/7/8 April: Some NOC members have arranged to caravan or camp with Mr & Mrs Jones, Cote Ghyll Caravan Park, North End, Osmotherley, Northallerton, N Yorks, DL6 3AH, OS Map 99/100 460983. Others have arranged to stay in a chalet at Haven, Whitby. Please contact Hilary Palmer on [redacted] for details.

WHERE IS THE BANNER?

Our club banner seems to have gone walkabout. Is it in your loft or garage? Failing that are you willing/able to make a replacement to help us find each other at the big events. Please contact Hilary Palmer if you can help in any way.

THE COMMITTEE

Chairman	Ray Barnes
Secretary	John Dalton
Fixtures Secretary	Colin Portman
Treasurer	Steve Wright
Coaching Co-ordinator & FMOA Rep.	Hilary Palmer
Team Manager & BAGWM Editor	Peter Bourne
Mapping Co-ordinator	Dave Glavin
Equipment Officer	Alan Jones

ORGANISERS WANTED !!

No, not oversized imitation leather wallets crammed full of tattered pages with all the useless information that you never need. Instead the call is going out to the stout hearted men and women of Sherwood to take up arms for their club and start organising an event.

You will see from the attached Fixtures List that NOC are desperately short of volunteers to organise events. The committee are aware that a lot of people help on the day and without them events would not run as smoothly. However, even more critical is the Organiser, without whom the event would be cancelled. Unfortunately, there is only a small number of NOC members who do a lot of work for the club. It is not reasonable to keep relying on them. NOC is everybody's club. Everyone should therefore contribute to the success of the club.

Statistically, there are some 250 adult members, NOC hold on average 6-8 events each season plus a summer league of 6-8 evening events. If the Fixtures Secretary had a list of 32 organisers and 32 planners it would mean that they would be called on once every two years. The more people willing to plan or organise, the less often they will need to do it.

Since taking on Fixtures I have recruited at least 10 people to organise or plan who had never done so before. If you speak to them I believe you would find that it was hard work, time consuming and frustrating, but it was also satisfying that they felt part of NOC and were putting something back into the club.

The club is you, without you it doesn't exist. Equally, without the club you cannot orienteer.

The Committee Chairman, Ray Barnes, is producing a questionnaire to ascertain the abilities, needs and views of NOC members. I am forced to preempt him by asking you to complete the slip below and return it to me or phone me on as soon as possible.

Please help, please do your bit for your club. Thank you.

Colin Portman

NOC EVENTS 1995/96 SUMMARY

(As at 23/1/96)

Date	Location	Type	Held/Group	Officials
10 Feb 96	Hidworth	N5	B	P: Ray Barnes O: Ray Barnes & Andy Jones C: Andy Jones
11 Feb 96	Hidworth	C4	H	P: Ray Barnes O: Phil & Judy Pittson C: Andy Jones
17 Mar 96	Sherwood Pines	C4	C	P: Jad Dziadosz O: John & Alison Sage C: Harrie Bateman
20 Apr 96	Bestwood (Short Race)	C5	All	P: John Dalton O: Phil & Judy Pittson C: David Olivant
5 May 96	Bestwood	C5	A	P: Ralph Bedlock O: C:
16 Jun 96	Strawberry Hill (Little John Relays)	R5	B	P: Alan Beardsley O: C:
1996 Summer League: Details to follow				
20 Oct 96	Thieves Wood	C4	C	P: Richard Torr O: C: Tony Buckland
16 Nov 96	Walesby	N5	A	P: Colin Portman O: Colin & C:
17 Nov 96	Walesby	C4	A	P: Colin Portman O: Andrew Bukays C:
1 Dec 96	Hunncote	C5	B	P: Keith Roberts O: Paul Beverley C:

**Volunteers to Plan, Organise or Control should call Colin Portman or
Volunteers to help at events should contact the respective Organiser.**

To: Colin Portman,
From:

- *I\ We are willing to ORGANISE events.
- *I\ We are willing to PLAN events.