

Nottinghamshire Orienteering Club



Black and Green - April 98

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SPEAKING FROM THE CHAIR

SPEAKING FROM THE CHAIR

Another phone call from Janet: "When will you have done your B&G bit?". Oh dear!

Did you know that the hardest part of being Chair is to think of something refreshingly different to say every two months for this piece? The rest of the job is really easy, so I have every confidence that someone will come forward before next October to take the Club on in their desired direction.

Better still, let's have a real election between perhaps two or three candidates!

Del has started the ball rolling, so let's have some more correspondence on internal issues, and let's get some open discussion going. It will be healthy for the Club.

So with apologies for my tardiness to our beleaguered Editor, (at least I kept it brief this time)

Thanks for Listening Ray Barnes

HELP! 2 RELAY RUNNERS NEEDED

There are two spaces available in a mixed ad-hoc team at the British Relay Championships at Mtychett on Monday 4th May. Please ring Janet Evans ASAP if you would like to run.

A NEW NOC AREA??

Anyone who has come into the sport within the last ten years will probably not have heard of Annesley Forest, the venue for our next colour coded event on 19th April.

In fact, Annesley has been used for orienteering since the early seventies but the last event there was in Spring 1988. The area (shown on the OS map as Morning Springs and High Park Wood) is an interesting one, not typical of other Nottinghamshire forests. Mapper, David Olivant attributes this to the geology of the area, which is not the usual sandstone.

It is a hilly area with brambles in place, so remember your bramble bashers!

The fact that this event is happening at all is due to a few hard working NOC members who re-negotiated access after the death of the previous land owner, who had actively supported orienteering. Additionally, finding a carparking area is a problem and thanks are due to event organiser Tony Donaldson who has worked hard to find a suitable area. Come and run on the 19th and see if the 10 year wait has been worth it!

It goes without saying that if this event is a success and the land owners are happy with orienteering on their land, then it will be a lot easier to negotiate

for future events.

COMPASS SPORT CUP 1998.

Well done to everyone who turned out for the first round match against LEI at Bentley Woods. I really enjoyed running there again. We beat LEI by 89 points to 44 and so now play Norwich (NOR) THIS SUNDAY 5th April at Rowney Warren. (Details were in EMEWS). We should hopefully beat NOR and will then play Thames Valley (TVOC) for a place in the final four. Details on the next round match ASAP. It will probably be in June - watch out at events and in EMEWS for details. (Final on 18/10 near Hexham).

HARVESTER RELAYS 16-17 MAY

I now need entries for this years overnight Harvester relays. Venue is Downham and Thetford Warren, Norfolk. As in previous years there will be two races. Race A of 7 legs (dawn breaking on leg 5) and Race B, 5 legs (dawn breaking on leg 4). Leg lengths range from 4k to 14k. Please let me know by 16th April if you would like to run. We of course have a trophy to defend - last year the NOC juniors won the B race. Cost will be £5.00 Senior, £3.50 Junior.

COACHING CORNER

Did anyone try Eddies co-ordination exercises last time??

Date for your diaries - Club Coaching Day (Suitable for all standards) on 5th September probably at Blidworth. More details next time.

CLUB TRAINING RUNS

Start 18:30. Currently at Bob Aldersons - 75 South Road, West Bridgford. Last run from there on April 9th. On 16th April there will be another hash, this time organised by Alice Kirwan. Start at 6:30pm from xxxxxxxxxxxxxxxxxxxxxx. More details from Alice xxxxxxxxxxxxxxxx.

On 23rd April the run will move to the Olivant's house xx xxxxxxxxxxxxxxxxxxxxxxxx. It will stay there until 7th May, after which the summer league will start...

SUMMER LEAGUE 1998

This years league is being organised by Paul Billam. xxxxxxxxxxxxxxxx

14th May	Rufford	R. Parkinson
21st May	Thieves Wood	John Middler
28th May	No event	(half term)
4th June	Rushcliffe CP	Clare Claxton
11th June	Wollaton Park	?
18th June	Haywood Oaks	Jim Clarke
25th June	Bestwood	C. Hodkinson
2nd June	Walesby	Matthew Winser
9th June	Morton Hall	?

These events are intended to be low key, sociable events. Registration from 18:15, starts are from 18:30 - 19:30 There will usually be a long, medium and shorter, easier (yellow standard) course. Points will be awarded on a handicap basis. Lavish prizes for winners!!

Contact the event organiser or Paul for more information.

BRITISH / JK RELAYS 1998

If you entered for either or both of these events you should receive an information sheet with this B&G. If not please give me a ring.

WHITE ROSE WEEKEND '98

The annual NOC trip to the White Rose event will again take place over the August Bank Holiday Weekend. No entry details are available at the

moment, but Hilary Palmer will need to know how many people want to book onto the campsite at Wrelton (events just up the road this year at Cropton). Also relay entries will need to be in to Hilary by mid May. Watch out at events for flyers or contact Hilary towards the end of April for more details. xxxxxxxxxxxxxxxxx

FORTHCOMING NOC EVENTS

19th April. Colour Coded at Annesley Forest. Signed from J27 of the M1. White - Brown, plus String. Organiser Tony Donaldson. Tony may still need a few helpers. Ring him if you can help on the day. xxxxxxxxxxxxxxxxx

17th May. Little John Relays at Bramcote Park. Organisers: The Hatfield Family. Fun relays, with shorter easier course.

'98 FOOTPATH RELAY 20TH JUNE

This years Long Distance Footpath Relay is to take place in the White and Dark Peak areas of Derbyshire. Start and Finish will be at Peak Forest Church. The route forms a figure of eight, with twenty legs varying from 2.8k to 10.6k. Last year NOC entered 2 teams and the A team came second, just a couple of minutes down on Holme Pierrepont Running Club, this years organisers.

I will enter one team but need to know if there is enough interest for two. Please contact me ASAP if you would like to run.

SCOTTISH RELAYS

Is anyone going upto the Scottish Championship Weekend on June 6/7th? If so, and you want to run in the relay on the 7th please let me know. I do not know the cost yet, but will need to enter any teams soon.

NOC TRAINING WEEKEND 21/22 MARCH. By Angela Lucking.

10 members of NOC travelled to the South East for a coaching weekend led by Eddie Nicholson (Thanks Eddie). We stayed in the Youth Hostel at Streatley on Thames where Janet's 'O' gear so intrigued a fellow hosteller they asked " Excuse me, but what are you dressed for?"

Saturday was spent in Star Posts where we practised running cross country avoiding paths, pacing and map memory shadowing. Eddie had also brought along a 'training parachute' which you fixed around your waist, the idea being it provided resistance when running. Not for the faint hearted this, as it did look rather strange. (Good job the lady in the Youth Hostel didn't see us like this).

On Sunday morning we all competed in the Dorking badge event. We all had a good run, but Stuart Hatfield won the M18vM45vW21 challenge on Course 4, probably due to the slap up 'Happy Meal' he had at Sainsburys the previous evening! Angela L.

(Hopefully next years early season training weekend will be in the Lakes in preparation for the '99 British Champs.)

LETTER FROM DEREK MILL

I would like to express my regret at Mark Thomson's decision to resign from the club. In conversations with him, he has felt that decisions made and opinions expressed at Committee level, concerning the development of NOC, too distant from his own, for them to be compromised. Knowing his passion for the sport has few equals in the club, if any, the membership should now be calling for the committee to be more accountable for every decision it makes, since they directly affect the membership.

There should be published minutes of all committee meetings available at events, or in the B&G. Talking of our newsletter, what about an 'opinion page' or 'letters to the editor page', where members can express their viewpoint on club matters. Perhaps it should be 'The news and viewsletter of NOC.' This is, of course providing the membership uses it as such. As much as I appreciate reading about junior successes and anecdotes, other peoples opinions about the sport would also be welcome reading.

Has the question of entry fees for W60/M65+ been discussed, or the sports club offering us use of facilities? Do we really need to embark on a recruitment drive? Are we that desperate to win the Compass Sport Cup? Looking further down the age classes at the Drews, Horsecwills, Lords, Evans, Beverleys, Pittson (singular - sorry Peter), the Thomsons (I hope) and, I am sure, many others I have not met, I see the future of the club blossoming. There is, and has been over many years, an increase in pressure on orienteering areas from other sports. We remain one of the largest clubs in the country, with many Championship standard and novice orienteers. Our areas cannot cope with increased numbers, just look at Annesley for evidence of that.

Finally, congratulations to the Junior Squad for their success at Sherwood Forest on the 15th. I thoroughly enjoyed the event and apologies to Colin O. for forgetting my wallet. Del.

Well, what do YOU think?? Do you agree with Del? Maybe you think an open meeting in the summer would be a good idea? Write and let me know, letters published next time.

ODDS 'N' ENDS

Janet Evans has a new address (for all those letters you're now going to send): xxx.

Richard Torr, our hard working Fixtures Secretary, still needs volunteers to organise, plan and control next seasons events. xxxxxxxxxxxxxxxxxxxxxx

Don't forget, club kit, sweatshirts etc can be ordered from Gill Hatfield xxxxxxxxxxxxxx

DATES TO REMEMBER

16th April Entries for Harvester Relays

23rd April Hash from Alice Kirwan's

14th May Summer league starts

Copy date for next Black and Green - 20th May.

Janet Evans (Black + Green Editor /Team Manager). Note new phone number above.