

# Nottinghamshire Orienteering Club



## Black and Green - December 98

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## Message from beyond the Rhododendrons

Just a quick few words to say thank you for the support that enabled me to achieve an emphatic victory in the leadership election. It was close but I'm sure the best candidate won!

My aims are to firstly get to grips with the job which will involve me asking a lot of questions and then to continue moving the club forward to become both more enjoyable (as membership of a club should be) and more participative with a greater number of people being able to assist in the running of club activities.

I encourage everybody to take advantage of the forthcoming activities the club is involved with including the Christmas event on the 27th Dec at Wollaton Park and the 'Double Kiss' short race and badge event on Valentine's weekend next February. I'm organising the short race so please let me know (0115 932 2530) if you would like to help.

Many thanks are due to all the club members who made the effort to compete or support at the Compass Sport Cup final. There were some outstanding performances and we came a very close second to SYO in the final.

Well, that's all for now apart from to wish you all a *Merry Christmas* and an '*Orienteering New Year*'.

***Tony Donaldson***

## COMPASS SPORT CUP 1998

We reached the Final for the second year running!

In the semi-final, NOC beat SO by 84-49, and SYO beat LOC by 77.5-53.5. Rescoring for the final, we narrowly lost to our northern neighbours by 62-69.

	NOC-SO Semi-Final	NOC-SYO Final
Brown 1	13-8	6-15
Brown 2	15-6	9-12
Blue 1	14-7	12-9
Blue 2	15-6	11-10
Green	9-12	6-15
Lt Green	9-5	9-3

Orange	9-5	9-5
	<b>84-49</b>	<b>62-69</b>

This was much closer than our loss in the final to MDOC last year, in fact it shows a difference of only two or three runners!

Next year's competition will be to a completely new scoring system, so it remains to be seen which clubs are suited. Certainly our investment in the future of O via the Juniors is not reflected in the old system.

A very special thank you to Janet for arranging everything from Round One right through to the weekend at Hadrian's Wall.

*You may find the BOF English Development Officer, Andrew Kelly's commentary (as published on the O-Net) interesting:*

In the semis, Nottinghamshire had the most convincing win of the day, 84-49 against Southdowns, only losing one of the 7 classes. South Yorkshire were almost equally convincing with their 77.5-53.5 victory over Lakeland, only letting slip both the junior classes, recognised beforehand as the Yorkshire club's potential Achilles heel.

This set up a classic final. The two neighbours currently have completely different strengths and weaknesses: Nottinghamshire's youngsters up against South Yorkshire's seniors and vets. And it was a close call, particularly with W18s Helen Palmer and Nicola Olivant running rampant amongst the Yorkshire club's W21s. The loss of Jenny James and Karen Dalton exacerbated the situation, but Helen Palmer's 5 minute victory over senior international Helen Hargreaves was one of the results of the day, setting up an unexpected 11-10 victory for the Midlands club. Similarly, Chris Hodkinson and Richard Robinson saw off SYO's vets in the M18-/M45+ Blue 2 class, to give Nottinghamshire another 3 point advantage. With victories in both junior courses, 9-3 and 9-5, the

Nottinghamshire youngsters had given the club almost 14 points advantage.

However, SYO's traditional strengths told. The Yorkshire club's M21s decimated their opposition, scoring a maximum 15-6, and finishing 5 runners before NOC's first. In spite of Peter Forester's efforts (another under-21), SYO also clawed back another 3 points in the Brown 2, winning 12-9, and the final nail in the coffin came with SYO's second clean sweep of the day, in the W40+/M60+ group on Green.

Final result 69-62 to SYO, and one of the best fought finals yet. SYO have now won 7 of the 16 competitions, but its Nottinghamshire who look especially strong for the future.

## COMPASS SPORT CUP 1999

The problem with making the final of the Compass Sport Cup is that no sooner have you finished you have to start again. So here we go again for 1999. The beauty of it this year is that the competition has been simplified so there is just a regional round with 6 clubs scoring against each other and the winner going through to the final in May. Our regional round is on **SUNDAY 10<sup>th</sup> JANUARY** at Brandon Country Park, just South of Brandon.

We have been drawn against WASH, NOR, LEI, LOK, and HH. I imagine that the strongest competition will come from LOK. (Note that DVO have been drawn in the West Midlands group).

I have organised a coach leaving at **08:00** from the library car park on Bridgford Road, West Bridgford (opposite the Co-op). Cost will be £6.00 adults, £4.00 juniors. These fares are being subsidised by the club and I need a reasonably full coach to make it work. So please ring me NOW to book your place. If I don't get enough people wanting to travel on the coach then I will have to cancel it. Would you also please let me know if you intend to travel down independently - we will have pre-allocated start times and I will need to book you a run.

Ring me now! Janet Evans xxxxxxxxxxxxxxxxx

## JK RELAYS 5th APRIL 1999

It's that time of year again: I need entries for the JK relays by **31<sup>st</sup> January 1999**. General Info: To be held on Hawley and Hornley Commons near Camberley. The competition area is a fast runnable mixture of woodland and heathland. Good parking adjacent to the assembly/changeover area. Dogs allowed in car park only and must be on leads.

CLASS	LAPS	DETAILS
A JK Trophy	4	Long, Short, Short, Long. Technically difficult. Target times of 45, 30, 30, 45 minutes.
B Women's Trophy	3	Long, Short, Long . Technically difficult. Target times of 40, 30, 40 minutes.
C Men's Short	3	L,S,L - 2/3rds of JK Trophy distance. Tech difficult .
D Women's Short	3	L,S,L - 2/3rds of Women's Trophy distance. Tech diff.
E Men's Age 120+	3	L,S,L Target times of 40,25,40 mins (for an M40). Technically difficult.
F Women's Age 120+	3	L,S,L Target times of 40,25,40 mins (for a W40). Technically difficult.
G Men's Age 165+	3	L,S,L Target times of 40,25,40 mins (for an M55).

H	W's Age 165+	3	Technically difficult. L,S,L Target times of 40,25,40 mins (for a W55).
J	Men's Age 48-	3	Technically difficult. Green, orange, green technical difficulty. Target times of 35, 20, 5 mins (for an M16)
K	W's Age 48-	3	Green, orange, green technical difficulty. Target times of 35,20,35 mins (for a W16)
L	M/W Age 40-	3	Orange, yellow, orange tech difficulty. Target times of 25,15,25 mins (for an M12)
M	Mini relay M/W12-	3	Yellow laps. 15 mins for each lap.
N	Mixed Ad Hoc	3	Green, Light Green, Orange. Approx., distances 5k, 4k 3k

Please send cheques, payable to NOC for £7.00 Senior, £3.00 Junior (subsidised by NOC) to Janet Evans, xxxxxxxxxxxx xxxxxxxxxxxxxxxxxxxxxxxxxxxx.  
State preferred (and alternative) course and leg length.

CLOSING DATE 31<sup>st</sup> JANUARY 1999.

## British Schools Orienteering Championship.

The British Schools Orienteering Championships were held at Fairoak and Brindley Heath on Sunday 15th November. Once again Nottinghamshire schools were well represented with over 70 runners from 9 schools, gaining a fair amount of success. This year for the first time the competition was run in academic years instead of calendar years.

Abbey Gates Primary School, making their first appearance at the championships, amply rewarded Pauline Olivant for all her work at the school with Emily Collinge winning year 6 Girls.

A small team from Bramcote Hills School saw Alison O'Neil winning year 9 girls while Sarah O'Neil was runner up in the year 7 competition.

Other medallists included Thomas Billam and Helen Palmer both of West Bridgford School and both finishing 3rd, in years 8 and 13 respectively. This was the last year Helen could participate in these championships, and she has set the impressive record of eight wins out of nine!

Nottingham High School won two of the year team competitions; Tim Bagguley, James Seddon and Tom Wilson were successful at year 8, while Stephen Wright, Tim Blaney and Matthew Winser won year 11. Bramcote Lorne School were 2nd in the Middle and Prep class.

## Junior Section

There were more NOC successes at the British Night Championships: Stephen Wright won M16, Tim Blaney was 2<sup>nd</sup>, and Christopher Hodkinson won M18 with Richard Robinson a close second.

*(The seniors did well also: Michael Napier won the M45, and Mick Lucking was 2<sup>nd</sup> on M40 .... Ed)*

The Juniors have taken responsibility for organising the NOC Christmas Special Event each year, and this year it will be held on Sunday 27th December at Wollaton Park, with a mass start at 12 noon. This will be followed by a Bring and Share lunch and the delayed Prize Giving ceremony, provisionally at St. Leonard's Church Hall, Wollaton. Any enquiries to Christopher Hodkinson, tel.xxxxxxxxxxxxxx

## NOC CLUB KIT

A reminder that this can be obtained from Gill Hatfield (Tel. xxxxxxxxxxxx) and that a selection of kit is usually available at NOC events. Look out for the NOC CLUB KIT sign in the car park!!

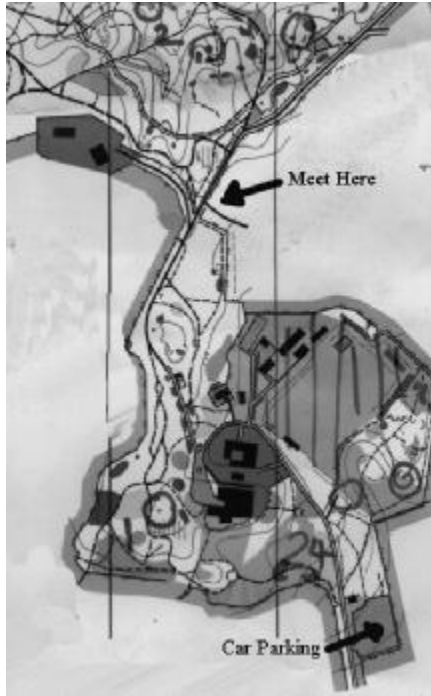
### PRICE LIST

Sweatshirts - £10.00  
Long sleeved tops - £12.50 / £13.50  
Short sleeved tops - £15.00 / £15.50  
Trousers - £8.50 / £9.50  
NOC Car stickers - 50p

## British Championships 1999

Looking forward to the British Champs in the Lake District next May, you might want to consider booking your accommodation as early as possible. Arnside YH (01524 761781) looks convenient for the relay day, and several NOC members have booked there already.

## Club Coaching



On Sat Jan 16th, there will be a Club Coaching session in Bestwood Country Park at 10:45. This is our best area to practise many techniques, and it is so much better to be able to do the things we know we should do, but without the pressure of competition.

Call Eddie Nicholson xxxxxxxxxxxxxxxx to discuss anything you wish to try in particular, or just turn up on the day.

Park at the southern car park and walk up into the wood. The session is free, and there will be coaching to suit everybody.

The *European Coaching Weekend* is still mooted for Spring 1999, but we are experiencing problems getting fixture lists from France. When we know, you'll know.

## Thursday Training

Continues from Ray Barnes', 4 Bridge Grove, West Bridgford until December 17th, and resumes after Xmas on January 7th from Michael Napier's, xxxxxxxxxxxxxxxx, Wollaton.

Arrive at 18:30, we leave at 18:40. Runs of various lengths and speeds to suit all. Afterwards a cup of tea and a chat.

On Feb 18<sup>th</sup>, for variety's sake, and because it's great fun, there will be a **HASH**. The more who come to this, the more fun it is.

## Member's News Page

The NOC Web Site, <http://www.cix.co.uk/~raybarnes/NOC/>, has a new feature. It is a page to which you can add your own news or even pass messages such as 'I would like a lift to Ash Ranges'. To prevent abuse of this facility, you will need a password, so one has been chosen which NOC members will be familiar with: XXXXXXXXXXXXXXXXX).

## The Double Kiss Weekend

Two, well actually three events on Saturday 13th and Sunday 14th February.

A couple of years ago, the East Midlands experimented with a short race series, and it was well received by all who attended. NOC have decided to hold another short race, this time in the format of a pair of short races on the same afternoon, the first being set to be won in 30 minutes, and the second a chasing start to be won in 20 minutes. This event will be very exciting as it allows you to compete head to head against rivals of similar ability to yourself. The pressures of making quick decisions as you run through a complicated network of gullies and knolls is totally different from a leisurely run on a Sunday morning Colour-Coded! We wouldn't be at all surprised if some well-known names were attracted to this event.

After the Saturday dash, Sunday sees another discipline with a classic Badge event, including the Midlands Championships and the Robin Hood Trophy, for which we anticipate a strong attendance.

NOC has a reputation for presenting well-organised events, but to achieve this we need a full compliment of helpers before, during and after these events. In fact it will need over 75 members to run the show! As most of you know, if you give up your time to help at a NOC Colour Coded event, you get a free run. Because of the format of the Short Races, it will be impossible for any helper to run in that event, so the deal for this special weekend cannot be quite the same.

Help				Choose one 'Reward'		
Before	Short Race	Badge	After	Free Run Short Race	Free Run Colour Coded	£2:00 Discount Badge ie £4 Adult £1 Juniors



	Saturday	Sunday		Saturday	Sunday	Sunday
X				X	X	X
	X				X	X
		X		X	X	X
			X	X	X	X

We won't need anybody to help on both days (with two or three exceptions!)

Enclosed with this B&G is an entry form for the Double Kiss. Please write the appropriate fee or FREE in the fee column. If you are claiming the free colour coded run, then you can do that at registration on the day. The organisers of the two days will be phoning for helpers during the next few weeks. If you prefer doing some jobs rather than others, why not phone and offer first!

## Nottinghamshire County Council Sports Review of the Year

The NOC Juniors have been nominated as 'Team of the Year'. During the year they have won the Peter Palmer Relay, and successfully defended the Harvester Junior Relay, in addition to their many relay and individual wins and selections to represent their countries. It is great to see their efforts (and their coaches!) being rewarded by this recognition. The winning team will be announced at the Sports Review evening on Dec 10th when Helen Palmer, Chris Hodgkinson and Stephen Wright will represent the team.

## The Little Points

**Physiotherapy:** A reminder that NOC are registered with the Physio Needs Group, and you can obtain discounted treatment at any of their clinics at Woodthorpe 0115 9609553, Mapperley 0115 9606408, Beeston 0115 9431230 or East Bridgford 01949 21354. Fuller details on the Club Notice Board at events.

**Wanted:** More Ice Cream Boxes for use at the finish and in results processing. The oblong ones about A5 size and a couple of inches deep are perfect. We

don't need the lids. Please pass to anyone in the finish tent at an event, or direct to Angela Lucking xxxxxxxxxxxxxxxx.

A *thank you* to Alan Jones for making the excellent new stub transfer boxes.

A *welcome* to new members, the Tapp Scotting family, Flo W10, Oscar M11, Jane W35 and Paul M35.

A *Co-ordinator* for the Summer League is needed. Duties are to encourage eight people to put on the events, and to process the results. Please call Tony Donaldson.

## Mapping Course

Keith Streb will be running a mapping course at Vicar Water some time in the New Year (well before April anyway). It will concentrate on basic revision survey and probably how to get your masterpiece into OCAD 6/7.

If you are interested ring him and let him know if you can bring any computer equipment e.g. PC (must be running Windows 95/98), flat bed scanner or colour printer.

*(I have reproduced Keith's report to the AGM below. .... Ed.)*

### Mapping Co-ordinator's report for the 1998 Annual General Meeting

In my opinion this is the worst state that the clubs maps have been since its formation. We desperately need either a large influx of cash from the national lottery or a major drive on map revision. It is not as difficult as you may think! So if you have ever attended a mapping course or even expressed an interest in how an orienteering map is created (I thought they just magically appeared!) then step forward now.

If however you are shy or too busy or have a poorly finger then instead you could volunteer to adopt an area. This entails keeping an eye on the area to see if the forestry commission has sneaked up and chopped it down overnight or spotting where the bikers have created a new path. All you have to do is scribble it roughly on a map and send it to me so I can make a map correction on the OCAD file.

To date Peter Bourne, Mick Lucking, Derek Mill, and Paul Beverley have so far offered their services. To these gentlemen I express my thanks. To the rest of you, well it's in your hands !!!!

JUST REMEMBER IT IS NOT POSSIBLE TO ORIENTEER SUCCESSFULLY WITHOUT A DECENT MAP!

AREA	ORIGINAL	CURRENT STATE OF MAP/AREA
Annesley Forest	OCAD	Current No Changes
Berry Hill Park	OCAD	Current Summer league
Bestwood Park	OCAD	Current No Changes
Blidworth and Sansom Woods	OCAD	Current Needs Revising
Bramcote Hills	OCAD	Current Needs Revising
Burntstump Park	OCAD	Current Summer League Needs Revising
Byron's Walk	OCAD	Abandoned needs Revision
Colwick Park	OCAD	Current
Colwick Woods	SCRI BE	Abandoned Needs Revision
Clumber North	OCAD	FC land plus extra new areas to North
Clumber Park	OCAD	Current minor revisions access too expensive
Cotgrave Woods	DRAWN	Abandoned Re negotiate £100 access fee

Haywood Oaks	OCAD	Current
Holme Pierrepont	SCRIBED	Needs Revising
King's Park (Retford)	OCAD	New Area ASAP
Langold Park	OCAD	New Area ASAP
Morton Hall	OCAD	Current
Peafield Lane	OCAD	New Area being mapped
Portland Park	DRAWN	SSSI area abandoned for foreseeable future
Rufford Park and New Wood	OCAD	Revision Underway
Rushcliffe CP	OCAD	Current
Sherwood Forest	OCAD	Current Needs Revising VERY URGENT
Sherwood Forest West	OCAD	As C3 area
Sherwood Pines	OCAD	Current Minor revisions
Strawberry Hill	OCAD	Abandoned until Bypass built
The Dukeries	DRAWN	Abandoned Re negotiate access / Fees £1.50

The Lawn	OCAD	New Area ASAP
Thieves Wood	OCAD	Current Needs Revising URGENT
Vicar Water	SCRIBED	Abandoned needs Revision
University Park	DRAWN	Current minor changes
Walesby	OCAD	Revision Underway URGENT
Welbeck Abbey	DRAWN	Needs Revising
Wollaton Park	DRAWN	Current

## Committee 1998-99

**Chair** Tony Donaldson  
29 Mason Road, Ilkeston, Derbyshire, DE7 9JP  
0115 932 2530  
[tony@donaldson36.freemove.co.uk](mailto:tony@donaldson36.freemove.co.uk)

**Secretary** Jad Dziadosz  
116 Long Lane, Attenborough, NG9 6BW  
0115 917 8638  
[dziad@innotts.co.uk](mailto:dziad@innotts.co.uk)

**Treasurer** Gill Hatfield

**Fixtures** Richard Torr

**Mapping** Keith Streb

**Team Manager** Janet Evans

**Coaching** Eddie Nicholson

**Junior Rep** Chris Hodgkinson

**EMOA Rep +** Ray Barnes

**B&G Editor** 4 Bridge Grove, West Bridgford, NG2 7LE  
0115 903 0234  
[r.barnes@diamond.co.uk](mailto:r.barnes@diamond.co.uk)

This has been my first edition of Black and Green. Almost all of the material has come from other members of the committee. As time goes by I will introduce more features, and material from other sources. Your feedback and ideas are welcome. None of the handful of the more senior club members I consulted felt that the font was too small, a mistake I made on the control descriptions at Annesley!

I hope the contributors won't have been too upset by my adjustments to their copy, and I look forward to receiving all the news from wherever it comes.

*Ray Barnes, Editor,*

Submit all your exciting stories to 0115 903 0234, [r.barnes@diamond.co.uk](mailto:r.barnes@diamond.co.uk) (work), [r.barnes@diamond.co.uk](mailto:r.barnes@diamond.co.uk) (home), or the new member's news page on the NOC web site. <http://www.cix.co.uk/~raybarnes/NOC/>

Copy date will be 31<sup>st</sup> Jan, 31<sup>st</sup> Mar, 30<sup>th</sup> May, 31<sup>st</sup> Jul, 30<sup>th</sup> Sep and 30<sup>th</sup> Nov with publication normally within two weeks.

## The Back Page

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A Handy Reference Guide for your Diary

Fixtures

Excellent news: we now have Organisers, Planners and Controllers for all events to the end of the season - thanks to all who have volunteered. A message to all those who would like to try it, but think it's too difficult..... I T I SN'T!! *Richard Torr*

27 <sup>th</sup> Dec 1998	Wollaton	X5 Xmas Special	Chris Hodkinson NOC Juniors	12 noon mass start (see details above)
Sat 2 <sup>nd</sup> Jan 1999	Walesby	N5		CANCELLED
3 <sup>rd</sup> Jan	Walesby	C4		CANCELLED
Sat 16 <sup>th</sup> Jan	Bestwood	X5 Club Training Day for all members	Eddie Nicholson (no helpers needed)	
Sat 13 <sup>th</sup> Feb	Sherwood Pines South	O5 Short Races	Tony Donaldson Helpers - All	Double Kiss Weekend
14 <sup>th</sup> Feb	Budby	C3 Badge and Midlands Champs	Ray Barnes Helpers - All	Double Kiss Weekend
March TBA		NUOC Event		
11 <sup>th</sup> Apr	Thieves Wood	C4 Colour Coded	Bob Hatfield Helpers - Group C	
	Sherwood	R5 Relay with		Final day of

Mon 3 <sup>rd</sup> May PROVI S I O N A L	Pines	electronic punching	TBA	Yorkshire Relish Weekend
16 <sup>th</sup> May	Rufford	R5 Relay	O'Neil family Helpers - Group A	Little John Relay
May-June-July		Summer League		

## Other Dates To Remember

ASAP Book coach for CSC on 10<sup>th</sup> Jan

ASAP Book accommodation for Highland 99 - may be a problem if you leave it too late, especially the Event Camp Site.

27<sup>th</sup> Dec Prize Giving after Xmas Special

4<sup>th</sup> Jan Closing Date, East Mid Champs Hopwas Hays (24<sup>th</sup> Jan)

10<sup>th</sup> Jan Compass Sport Cup

25<sup>th</sup> Jan Closing Date, Midlands Champs, Double Kiss Weekend, (13<sup>th</sup>/14<sup>th</sup> Feb)

31<sup>st</sup> Jan Copy Date Black&Green

31<sup>st</sup> Jan Closing Date JK Relays entries to Janet Evans

18<sup>th</sup> Feb HASH