

# Nottinghamshire Orienteering Club



## Black and Green - June 98

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## SPEAKING FROM THE CHAIR

Juniors: Doing well - our biggest ever selection for the BOF tours. Harvester Junior champions second year running etc. etc.

Senior Women: Doing well - finishing in 9th place in the UK Relay league - 2nd women's handicap team at the Harvester.

Senior Men: Doing what? I can't believe that with one of the largest clubs in the country the only points we have in the UK Relay league are scored in the Harvester by a bunch of mostly `keen old plodders'.

Come on you M21s and M35s. Let's see you excelling and joining in the relay fray. Better still use this coming winter's East Midland Night League for

technical training on our lo-tech areas, and perhaps next year the Senior Men can match the example set by the rest of the club. Of course the W21s and W35s might try as well, so we could have an un-handicapped woman's team too! I'm sure the keen old plodders can lend some equipment so you can try it without committing to buying the gear.

The Summer League is already under way, and judging by the quality of the events so far, is going to be enjoyable all the way through. I am disappointed to only see one or two new face on these balmy evenings, where are the rest of you?

**Thanks for Listening Ray Barnes**

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## COMPASS SPORT CUP 1998

Well done to everyone who went to Rowney Warren and helped us to beat NOR by 79 points to 54. The third round match against TVOC will be played on Sunday 28th June at Highwood just north of High Wycombe. GR SU 882949. The event will be signposted from the junction of the A404 and B474. Parking is on hard standing at the AXA Equity and Law offices. Registration is from 9:30 - 12:30. Starts are from 10:00 - 13:00. 400m from parking area along a busy road - take care. £3.00 senior, £2.00 junior.

**NOW THE IMPORTANT BIT!** There is a coach booked to leave Nottingham at 08:30 and leaving from the event at appr. 14:30. Cost will be £5.00 senior, £4.00 junior. (Money collected on the day). The coach will leave from the library car park on Bridgford Road, West Bridgford. (Opposite the Co-op). There is plenty of free parking. I have some names but need more! If you want a place on the coach ring me NOW xxxxxxxxxxxxxxxx. We really will need everyone out if we are to beat TVOC (who also made it to the final last year). The final is on October 18th in the North East. Look on the NOC home page and in EMEWS for the result and details of the final!

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## JUNIOR SECTION - by Helen Palmer

Congratulations to the following juniors who have been selected for summer tours: GB U20 Scandinavia - Chris Hodkinson, Helen Palmer and Nicola Olivant. GB U18 Scandinavia - Stephen Wright. GB U20 Grantown, Scotland - Richard Robinson, Fiona Munton. U16 Lagganlia - David Hodkinson.

Harvester Trophy 98 The NOC junior team ran brilliantly to defend their title at the Harvester, winning the B race outright for the second year running. The team was Richard Robinson, Chris & David Hodkinson, Robert Palmer and Peter Forester. Well done to the other juniors who represented NOC in the successful Womens and Mens Open teams: Fiona Munton, Helen Palmer, Emily Talbot and Stephen Wright.

Future Champions Cup The following juniors have qualified for the final of the Future Champions Cup being held in conjunction with the British Elite Orienteering Championships in the Lake District: W18 H Palmer, N Olivant, F Munton M18 A Footitt, C Hodkinson, R Robinson M20 R Palmer.

Training and Junior Social All NOC juniors are welcome to attend the coaching day at Blidworth on Sept 5th. All EM Squad members MUST be there so that you can have your photo taken. You should bring NOC kit AND an England/GB Squad top if you have one. You will be asked to fill in a short questionnaire. I am organising a junior social for after the training. This will be open to all NOC juniors. You won't have to attend the training, just come along and bring a friend if you wish. The venue will be the Lady Bay Scout Hut for a BBQ and games. Times apprx 4.30pm to 7pm. Please contact me on xxxxxxxxxxxxxx if you are interested.

Junior Representative 98/99 My time as NOC junior rep. is nearly over, alas! So we will need a new rep. for next year. Orienteering expertise is obviously not required, you just need to have regular contact with the Juniors and know what is going on. Tasks include attending committee meetings and putting the junior views across on relevant issues, keeping B&G up to date with junior information, successes etc, speaking at the AGM and if possible organising a social event. I guarantee you will learn a lot about different aspects of the sport and it also looks good on your CV. If you are interested in taking on this job please get in touch with me so that I can organise an election. *Helen Palmer*.

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## CONGRATULATIONS!!

And Congratulations are due to Helen as she has just been selected as a member of the Great Britain Junior Squad, joining Alistair Footitt as our second NOC representative - well done.

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## NOC AGM 1998

ADVANCE NOTICE This years AGM will be held on 10th October. Venue etc next time. Put the date in your diary now.

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## COACHING CORNER

Coaching at Blidworth on Saturday 5th September will be for all juniors white standard and above (separate fun session for the under 11's) and basic skills technique teaching for novice/improver adults up to apprx light green standard. Times will be apprx 13:30 - 15:30. Anyone interested should contact Hilary Palmer nearer the date for info about which car park and to book your place.

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## NOC EN FRANCE!

The possibility of a club training weekend in Northern France in Spring '99 is currently under discussion. To register interest/obtain more info. contact

Eddie Nicholson xxxxxxxxxx.

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## SUMMER LEAGUE 1998

Remaining fixtures:

|           |              |                |
|-----------|--------------|----------------|
| 18th June | Haywood Oaks | Jim Clarke     |
| 25th June | Bestwood     | C. Hodkinson   |
| 2nd July  | Walesby      | Matthew Winser |
| 9th July  | Morton Hall  | Dave Cooke     |

These events are intended to be low key, sociable events. Registration from 18:15, starts are from 18:30 - 19:30 There will usually be a long, medium and shorter, easier (yellow standard) course. Points will be awarded on a handicap basis. Contact the event organiser or Paul Billam (league co-ordinator) xxxxxxxxxx for more information. Details of the winners in next issue.

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## NOC GOES FELL RACING

There are several keen fell runners in NOC and traditionally a local fell race formed part of the summer league series. This has been discontinued in recent years, but it has been suggested that interested members attend the following races for a spot of friendly competition: Wed July 15th Bamford Carnival Race. 7.30pm. 3.75 miles, 600' of ascent. From Bamford Recreation Ground. ENTRY ON THE NIGHT ONLY £2.50. Over 15's only. Wed July 22nd Black Rocks Fell Race. 7.30pm. 5.5 miles, 850' from Matlock Rugby Club, Cromford Meadows, Cromford. (GR 304569) £3.00 ENTRY ON NIGHT ONLY. Over 14's only.

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## WHITE ROSE WEEKEND '98

If you entered the White Rose relays via Hilary she now needs your money - £3.00 per person, cheque payable to NOC. For the campsite the usual pay on arrival will apply. Don't forget the BBQ on Saturday night when you are required to divulge your Saturday run time so that the relay handicap teams can be scientifically worked out. Sunday evening sees the annual cricket match with everyone being required to play. Cricketing skills not necessarily an advantage!

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## **FORMER EVENT OFFICIALS**

Have you organised/planned/controlled or helped at a NOC event in the past where there has been some sort of incident with landowners, tenants etc. Maybe you thought at the time someone else should know about that for next time. Well now is your chance to share that useful information. It is planned to create a dossier with information from previous events to help the next event organiser. This should prove very useful. All incidents etc. (even if they seem a bit trivial) should be passed to Ray Barnes to enable the dossier to be compiled. This can then be added to in the future.

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## **CLUB RUN FOR NORTH NOTTS**

Once again if there is enough demand I will be running an alternative club run from: 2 Sherwood Rd, Rainworth during British Summer Time, starts at 6.30pm. As before it will be through terrain in both Sherwood Pines and Strawberry Hill. All levels are welcome. Ring me if you are interested. Keith Streb xxxxxxxxxxxxxx.

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## **NOC GARAGE**

Anyone using the NOC garage recently will have been impressed with the new tidy layout and labeling so that everything has a space. Thanks are due to Angela Lucking for creating order out of chaos.

Thanks also to Angela for spotting a useful recent invention - The Keystone Electronics Co. of Hong Kong wants to make a virtue out of bumpy roads. It has built a device that to fit onto a bicycle which converts vibrations into enough power to light a small lamp. A cylinder of magnetic material contains a permanent magnet, a moving coil and springs at each end. As the bicycle bumps along, the coil moves up and down, passing through the magnetic field to create an electric current which is fed to the light. The system could also be used by joggers. (Or night orienteers??).

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## **EMOA PLANNERS COURSE**

There will be an EMOA course for anyone interested in planning a colour coded event on 26th Sept. Venue Thieves or Bestwood. Contact Ernie Williams (xxxxxxxxxxxxx) for more details.

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## **ODDS 'N' ENDS**

Don't forget, club kit, sweatshirts etc can be ordered from Gill Hatfield xxxxxxxxxxxxxxxx.

There were several items of property left at the club tent at the JK relays: assorted compasses, a first aid pack and a navy blue cagoule. Contact Hilary Palmer to reclaim. xxxxxxxxxx

If anyone has not reclaimed their maps from either the British Champs or the JK contact Pauline Olivant

The Thursday evening club run will start again after the summer league.

Next years regional round of the Compass Sport Cup will be on Sunday 10th January 1999. Venue in East Anglia to be announced.

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## **DATES TO REMEMBER**

28 June Compass Sport Cup  
5th Sept Club coaching day Blidworth

Copy date for next Black and Green - 1st September.

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*Janet Evans (Black + Green Editor /Team Manager).*