

Nottinghamshire Orienteering Club



Black and Green - September 98

1. [SPEAKING FROM THE CHAIR](#)
2. [ANNUAL GENERAL MEETING 1998](#)
3. [COMPASS SPORT CUP 1998](#)
4. [DETAILS FOR THE FINAL ON 18th OCTOBER](#)
5. [JUNIOR BIT](#)
6. [STOP PRESS!!](#)
7. [COACHING CORNER](#)
8. [LAKE DISTRICT TRAINING WEEKEND DEC 4th -6th](#)
9. [SUMMER LEAGUE 1998](#)
10. [COMPASS SPORT CUP 1999 \(!\)](#)
11. [SOME MUSINGS BY A MEMBER](#)
12. [THURSDAY NIGHT TRAINING](#)
13. [CLUB CHAMPS 1998](#)
14. [WELCOME TO NEW MEMBERS](#)
15. [BOF WORKSHOP 21st NOV](#)
16. [ODDS 'N' ENDS](#)
17. [A PLEA FROM THE HEART](#)
18. [DATES TO REMEMBER](#)

SPEAKING FROM THE CHAIR

My time is up. The last three years have been a most interesting and stimulating period for me.

My principle aim when I took on the job was to make the club more sociable. Because I became a more public figure, I cannot judge to what extent that aim has been achieved, but I still perceive that the club exists for about 100 members only, everybody else being rather peripheral.

Another of my stated aims was for the club to reach the Compass Sport Cup Finals at least once every five years. Credit is due elsewhere for the

achievement of two years out of three (which is rather better than required). I'm sure everybody will want to make it to Northumberland. With a full turnout we will win this time!

On the way, I've championed some new ideas, some successful, others not. Now that agenda passes to a new Chair. The Club moves on, and I pass my best wishes to my successor.

I must take this final opportunity to thank you all, most especially the members of the three committees, for tolerating (and limiting) my excesses.

To the whole membership, I wish you all good luck, and enjoy the sport at whatever level you want to.

Thanks for Listening Ray Barnes

ANNUAL GENERAL MEETING 1998

Because of fixtures pressures during October, it has not been possible to arrange the larger scale AGM as per the last two years. Consequently a business-only AGM will be held at the Scout Hall, Mona Road, Lady Bay, West Bridgford on **Wednesday 28th October starting at 8pm**. The prize giving and open meeting will be held later, most likely after the Xmas Novelty event in Wollaton Park on Dec 27th. By the way, the AGM does require a quorum of 20, and there are some resolutions to be passed, so please do come.

Please note that the agenda will be available on the NOC home page seven days before the AGM. It will also be available in advance by contacting Jad
xxxxxxxxxxxxxxxxxx.

COMPASS SPORT CUP 1998

Well we've done it again - through to the final. A great effort by everyone who went down to Kingswood near High Wycombe saw us beat off opposition from TVOC to claim our place in the 1998 final.

DETAILS FOR THE FINAL ON 18th OCTOBER

If you have booked into the Youth Hostel then you should receive an information sheet with this B&G.

I know lots of people are planning to go just for the day - I am happy to try and coordinate lift sharing. If you need/can offer a lift up to the event on the Sunday then contact me. (xxxxxxx xxxxxx). The event is at Slaley Forest near Hexham. (GR 955554). It will be signed from the B6306 South of Hexham.

I have been unable to find out any information about the event itself - I assume registration is from 10:00, starts from 10:30 but I do not know if a pre-registration scheme will exist. Ring me nearer the time if this is relevant to you, and hopefully I will know by then.

There will be a string course and dogs are allowed. Entries £3.00/£1.50. Parking £1.00.

JUNIOR BIT

BY HELEN PALMER Congratulations to David Hodkinson, Alison O' Neil and Nicola Olivant who have been selected to run for England in the Junior Home Internationals, and to Helen and Robert Palmer who ran for Wales in the Senior Home Internationals last weekend. Helen will also be running in the JHI for Wales and for Great Britain in the 6 Nations Junior International Match in mid October.

There were plenty of NOC juniors on tour across Europe this summer. Helen Palmer ran for Great Britain at the Junior World Champs in France before joining Nicola Olivant and Chris Hodkinson on a GB U19 tour of Sweden. The tour was very successful with excellent training and competition, particularly at the Junior Tio Mila. All three had a great time and learnt a lot, as did Stephen Wright on the GB U17 tour to Halden, Norway. He ran in the Norwegian Championships and trained on the highly technical terrain around the Gimle hut.

Up in Scotland Fiona Munton, Emily Talbot and Richard Robinson were at Grantown and David 'psycho' Hodkinson was showing the 14's a thing or two at Lagganlia. Other NOC Juniors were in force at the ever popular multadays, including the O Ringen, the Lakeland 5 and the Czech 5 day.

Junior tours provide amazing orienteering opportunities and are also a good laugh, if you ask any of the juniors above I'm sure they'll tell you some stories that aren't included in the full reports in EMEWS (!?!). Definitely worth the work put in to get selected. The juniors would like to thank NOC, EMOA and Notts. County Council for their support. Let's hope they can all use what they've learnt to thrash the other 'junior superclubs' such as WCH and MDOC at the Peter Palmer Relays and the Junior Inter Club Match this autumn.

STOP PRESS!!

News just in - NOC Juniors did indeed win the Peter Palmer Relays held on Sat. The A Team of Richard Robinson, Stephen Wright, Chris and David Hodkinson, Helen Palmer, Emily Talbot, Colin Olivant and Alistair Footitt won easily, denying Walton Chasers a hat-trick of victories. The B team of Tim Blaney, Tim Philby, Tim Bagguley, Alison and Sarah O' Neil, Matthew Winser, Thomas Billam and Nicholas James also performed well and

gained invaluable experience for future years. Thanks to Jim Clarke who organised the teams and to the drivers who gave up their weekend.

COACHING CORNER

Lots of things this issue:

Pre Compass Sport Cup Final coaching. **Saturday 10th October** at Sherwood Pines - using the small southern car park off the Eakring Road. (GR 620617) 10:00 - 13:00. **Open to all** - exercises for all levels. Please ring Eddie Nicholson beforehand for more info and to let him know you'll be there. (xxxxxxxxxx).

LAKE DISTRICT TRAINING WEEKEND DEC 4th -6th

Another chance to have a weekend away. (And handy for a bit of Xmas shopping in Keswick). Format the same as the last two successful training weekends. Arrive at Youth Hostel Friday evening, 2 training sessions on Saturday on (hopefully) yummy Lake District terrain, meal out Saturday evening, colour coded event (at Scale Hill near Loweswater) on Sunday morning. Details to be finalised but names to Eddie ASAP so he can book accommodation.

France weekend - A weekend in northern Europe is still on the cards for next spring. More details next time.

SUMMER LEAGUE 1998

This year the Summer League was won by Stephen Wright (4638 pts) with Richard Robinson (4635) a close second and Robert Palmer third (4187). Well done.

A handicap system was reintroduced this year in order to have one league spanning all age and gender classes.

As well as the old familiar venues such as Rufford and Wollaton etc, the new league venues of Rushcliffe Country Park and Walesby provided a balanced split across the County. Many thanks to Richard Torr for sorting out the access permissions.

Turnout was good, the 8 events attracting a total of 201 entries from 65 competitors on the medium and long courses. Entries for the short course were not so good, a total of 20 entries over the eight events.

Finally, thanks to all the organiser/ planners without whom we wouldn't have had the league. Summer league provides an ideal introduction to organising and planning an event and this year there were five people new to the role. Their efforts were well received and hopefully the experience will encourage them to go on and organise or plan larger events. Special thanks to Robert Parkinson who did the honours at two of the events.

Paul Billam

COMPASS SPORT CUP 1999 (!)

Next years regional round of the Compass Sport Cup will be on Sunday 10th January 1999. The venue is Brandon Forest in East Anglia. This event will also be the East Midlands Champs. It is planned to take a coach down to the event. There will be a small charge. Please contact Janet Evans (xxxxxxxxxx) to book a place/get more details.

SOME MUSINGS BY A MEMBER

I'm not convinced about this idea of publishing letters in Black and Green. Are we sure we need a letters page? What would be the benefits? In any case, I don't think anyone will want to write in. I know I won't. It'd be much better if all this energy spent arguing and complaining and discussing policy was directed into what really matters. I'd be happier to keep petty politics out of our sport and just get on with training and competing. In fact, I think we'd be better off without a newsletter at all. All those ecology freaks who want us to keep out of the forests because they think we destroy the environment would have a field day if they knew how many trees we waste every few weeks producing a magazine which is full of nothing but opinions and boring lists.

And while we're doing, perhaps we should scrap the committee too. It's just a breeding ground for new ideas, which inevitably lead to even more arguments and discussion. What's wrong with the way we've always done things, for Heaven's sake? What's the point in trying to be the most innovative, or developing things ourselves? It just means we do all the hard work and people in other clubs reap the benefit. No, if we must have progress, let's wait and let other clubs try out things first, find out what works and what doesn't, and then learn from their mistakes. Not having a committee would mean there'd be no force for change, so we would all know what's what. Then everybody could happily turn up at events with an empty mind, and no festering resentments, and no-one to pick a bone with or talk to about anything. We could keep ourselves to ourselves, and just concentrate on having a really good run. And if we need to be a bit solitary to improve our orienteering, so be it.

Better still, if NOC disbanded altogether, there would be even more benefits. For a start, we would all save the NOC membership fees. We would also be able to stop holding our own events. Then we could sell off all the expensive equipment we use at events, like the timer, the tent, and the staplers, and share out the proceeds. We could offer "our" areas to neighbouring clubs, who would then bear the financial burden of updating the maps, and the organisational burden of staging events. Then all of us could turn up and run, instead of some people missing out because they've had to plan, or control,

or look after the toilets. Just imagine Glenn Hoddle saying, "Sorry Scholesy, I'd like to play you, but it's your turn to lay the kit out and pump the balls up." And imagine the response! So next time an organiser phones you up to help at an event, tell him or her to get lost -- and don't have a guilty conscience, because ultimately you will be helping to take Orienteering forward to a cleaner, brighter future.

Alan Beardsley

THURSDAY NIGHT TRAINING

Will continue from the Olivants (xxxxxxxxxxxxxx) until 8th October. Then from Ray Barnes, 4 Bridge Grove, West Bridgford, from 15th October until 17th December with a HASH on 12th November. Then from Michael Napier's in Wollaton from 7th January 1999.

There will be runs of differing lengths to suit whoever comes. Arrive by 18:30 because we leave at 18:40 prompt.

CLUB CHAMPS 1998

Dec 13th, Hope Woodlands, near Bamford, SK172835, entries SEF etc. to Julie Brook, 14 Leygate View, New Mills, High Peak, SK22 3EF. c/d 25th Nov, cheques MDOC. There is an overall limit of 400 for both badge and colour coded (only W/Y/O), so enter immediately. Badge £6.00/£2.50 Colour £3.50/£1.50.

As in previous years the Club Champion (and 2nd and 3rd and Best Newcomer) will be determined by %age Gold time achieved whatever class you run on the day. An unofficial Gold time is used for B courses.

WELCOME TO NEW MEMBERS

We would like to try and make new members feel welcome and so will hopefully be publishing names as new members join, in forthcoming B&Gs. If you meet new members at events please say hello.

So, a welcome to the Park Family from West Bridgford - Bert, Michela, Hannah and Paulette.

Also, The Boddy Family - Ian, Melissa, India and Isabel. Happy Orienteering!

BOF WORKSHOP 21st NOV

Would anyone be interested in going to a BOF run workshop entitled Developing Volunteers? It is being set up to try and tackle the problem of the shortage of volunteers in orienteering. It will draw on work done by the English Sports Council in setting up their programme called VIP - Volunteer Investment Programme.

DETAILS: Sat Nov 21st, 10am to 4pm at Leeds Metropolitan University, Beckett Park, Leeds.

More information from Ray Barnes (0115 903 0234).

ODDS 'N' ENDS

Would anyone like transport down to the first National event of 1999? Hilary Palmer is taking a minibus with Juniors down to the Southern Navigators National event on 3rd January. She will have some spare seats. It will arrive in time for latish starts. Contact Hilary (xxxxxxxxxxxxxxxx) for more information.

A PLEA FROM THE HEART

Richard Torr our hardworking Fixtures Secretary desperately needs an Organiser for the Bramcote event on Sat 31st October. There are only 4 easier courses (see list overleaf) so the workload should not be too onerous. Please contact Richard and offer your services.

Also, a planner is needed for the colour coded event on 29th November at Bestwood.

DATES TO REMEMBER

10th Oct Club coaching at Sherwood Pines.

18th Oct Compass Sport Cup Final.

28th Oct AGM 8pm.

4th-6th Dec Club training weekend in the Lake District.

13th Dec Club championships - Hope Woodlands.

This will be my final issue of Black and Green. I hope you've found them useful, maybe even enjoyable reading. Good Luck to my successor!

Janet Evans (Black + Green Editor /Team Manager).