

# Nottinghamshire Orienteering Club



## Black and Green - March 99

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**This text includes corrections to the printed version.**

1. Date of coaching in Lake District is 24-25 April.
2. Little John Relays will be in Colwick Park.

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## Message from between the knolls

Its fantastic to see so many members helping to make the club a success in whatever we try to do - the Christmas score event in Wollaton Park and training event at Bestwood event both went well as did the coach trip down to the Compass Sport Cup match. I was also very impressed with the number of members who helped make the double kiss weekend a success - we must be the envy of other clubs who struggle to run events.

There's the sweet talk now for the asking bit .....

We are fortunate in having as large number of mapped areas - the downside is that we now have a large number of mapped areas where the maps are out of date. We are looking for people who are prepared to 'adopt' an area and help to keep the map up to date. Keith Streb will be running a mapping course soon for anyone who wants to have a go. Put simply if nobody is interested we will soon run out of areas - not a good state of affairs!

The next job is co-ordinator of the Permanent Orienteering Courses. This role is basically to manage and co-ordinate where our courses need attention, where maps are required etc. It is worth saying that the club generates income from these courses, which helps to fund other club events. Please note that the people who have adopted areas will help by letting you know the state of the course in their area. Please call me on 0115 932 2530 if you are interested.

Another job - oh yes another ..... is to co-ordinate the summer league events. Don't worry if you've not done this type of thing before - there are plenty of people who have that will help (contact names and numbers will be available).

Go on, Have a go!!

*Tony*

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## Compass Sport Cup 1999

The Official result of the first round match at Brandon was:

NOC	229
LEI	193
HH	170
WAOC	160
NOR	159
LOK	79

Well done everyone!

The Final will be played on Sunday 23rd May "somewhere near Oxford." I will book a coach again, leaving from West Bridgford. Times etc. to be confirmed in the next B&G.

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## British Relay Championships

I now need entries for this year's British Relay Championships to be held on Sunday 9th May on the Holker Estate in the Southern Lake District. Parking and assembly will be at Cartmel Racecourse. 75% of the area is new to orienteering and the terrain varies from open grassland to detailed forest.

The table below shows the classes available with the colour standard where not fully technical.

CODE	CLASS	Approx Length (km)	Comments
A	Men's Premier	6.5	
B	Women's Premier	4.5	
C	M35	5.5	
D	M40	5.5	
E	M45	4.5	
F	M50	4.5	
G	W35	4.0	
H	W40	4.0	
I	W45	2.8	
J	W50	2.8	
K	M/W55	4/2.8/4	At least 1 W
L	M/W60	4/2.8/4	At least 1 W
M	Short Open	4.2	
N	Women's Short	2.8	
O	M/W 12-	1.8	Yellow
P	M14-	2.1	Orange
Q	W14-	2.1	Orange
R	M18-	4.2	
S	W18-	2.8	
T	Ad Hoc	4/3.5/2.1	Gn/Lt Gn/Orge

U	Junior Ad Hoc	2.7/2.1/1.8	Lt Gn/Orge/Yell Ages 40-
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Fees: £8.00 Senior, £3.00 Junior (subsidised by NOC). Please send cheques PAYABLE TO NOC, to J Evans,xxxxxxxxxxxxxxxxxxxxxx by 7th March 1999.  
Do it NOW!

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## JK RELAYS

Those who have sent Janet entries for the JK Relays should find an information sheet enclosed with this B&G.

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## Club Coaching

Two opportunities for technical training:

Training on intricate terrain at Carsington (west of Wirksworth) Sat 17 April from 12-2 in conjunction with the East Mids junior squad and DVO. Excellent chance to sharpen up your contour work prior to the British. Parking at SK 250 546

Lake District weekend 24-25 April club training day on Great Tower and Grizedale on the Saturday followed by Badge event at Torver on the Sunday. Only 15 places - available book your place now with £10 deposit with Eddie Nicholson. (only 13 places left ..... Editor)

Details of both the above from Eddie tel xxxxxxxxxxxx

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## Thursday Training

Continues from Michael Napier's, xxxxxxxxxxxxxxxxxxxx Wollaton. Probable move to the Olivants in Carlton after Easter.

Arrive at 18:30, we leave at 18:40. Runs of various lengths and speeds to suit all. Afterwards a cup of tea and a chat.

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## The Little Points

The 1999 Footpath Relay will be held on Saturday 19th June based at Redmires near Sheffield. More details next time.

A Co-ordinator for the Summer League is still needed. Duties are to encourage eight people to put on the events, and to process the results. Please call Tony Donaldson.

**Change of phone number:** Due to the demise of Ionica at least one club member has had to change their phone number. Please remember to give your changed number to Jad Dziadosz on 0115 917 8638, [dziad@innotts.co.uk](mailto:dziad@innotts.co.uk). That member is me! Ray Barnes number has changed to 0115 974 6044

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## The Back Page

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### A Handy Reference Guide for your Diary

#### Fixtures

11 <sup>th</sup> Apr	Thieves Wood	C4 Colour Coded	Bob Hatfield Helpers - Group C	
Mon 3 <sup>rd</sup> May	Sherwood	R5 Relay with	TBA	Final day of Yorkshire Relish

CANCELLED	Pines	electronic punching		Weekend
16 <sup>th</sup> May	Colwick Park	R5 Relay	O'Neil family Helpers - Group A	Little John Relay
23 <sup>rd</sup> May	Near Oxford	C4 Colour Coded		Compass Sport Cup Finals
19 <sup>th</sup> June	Redmires, Sheffield			Footpath Relay
May-June-July		Summer League		

## Other Dates To Remember

ASAP Book coach with Janet Evans for CSC finals on 23<sup>rd</sup> May

ASAP Book accommodation for Highland 99 - may be a problem if you leave it too late, especially the Event Camp Site.

7<sup>th</sup> Mar British Relay entries to Janet Evans. Can be no later than that date.

31<sup>st</sup> Mar Copy Date Black&Green

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This has been my second edition of Black and Green. Having been pre-occupied with the Double Kiss weekend (thank you all the helpers) since before Christmas, I have not been able to chase for copy. So it's a very small B&G! In the next edition I will introduce more features (really), and material from other sources. Your feedback and ideas are welcome.

*Ray Barnes, Editor*

Submit all your exciting stories to 0115 974 6044, [r.barnes@diamond.co.uk](mailto:r.barnes@diamond.co.uk), or the member's news page on the NOC web site.  
<http://www.cix.co.uk/~raybarnes/NOC/>

Copy date will be 31st Jan, 31st Mar, 30th May, 31st Jul, 30th Sep and 30th Nov with publication normally within two weeks.